

SERVICE PROVIDER OUTCOMES REPORT

FISCAL YEAR 2022-2023



SONOMA COUNTY PROBATION'S PLANNING, IMPLEMENTATION AND EVALUATION TEAM

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Service Provider Outcomes Report

Sonoma County Juvenile Probation Fiscal Year 2022-2023

Acknowledgements

From Chief Probation Officer Vanessa Fuchs:

"Community Based Organizations are key partners in helping to positively change lives for the youth and families we work with. I spoke at a Senate Budget Subcommittee hearing earlier this year, stating that Probation learned long ago that we cannot do this work alone. For us to do it well, we need to be making connections to our community partners."

From Honorable Judge Ken Gnoss, Presiding Judge of the Juvenile Court:

"When the Court gains jurisdiction over a youth and issues conditions of probation, the Court must rely on Probation and Community Based Organizations (CBOs) to supervise the minor and provide services that will assist the probationer. Without the outstanding assistance and services of the CBO's, many youths would not be successful within the Juvenile Justice system."

Purpose of this Report

Sonoma County Probation is committed to reducing recidivism, fostering accountability, promoting positive behavioral change, and safeguarding the community. The purpose of this report is to celebrate success and work towards continuous quality improvement of juvenile probation contracted services.

This Service Provider Outcomes Report ("Report") covers Fiscal Year (FY) 2022-2023. During that time, California was just emerging from the COVID-19 pandemic and state of emergency. Referrals statewide had been at an all-time low and service providers were adapting as ably as possible; some programs flourished while others declined.

The data collected in this Report includes youth who:

- were referred directly by Probation, the Court, or a school program
- had been recorded as starting services either before or during FY 2022-2023
- in most cases, had completed those services during FY 2022-2023.

In certain instances, due to the nature of the provider, youth have continued access to services after their conditions of Probation have been met. If that is the case, a short exception description will be included in the "Service Description and Outcomes" section, below.

Probation's current data collection system does not provide all possible gender, race, and ethnicity options available currently. For gender, the current system selections are male or female only. Similarly, the system requires a single choice from a list that contains both race and ethnicity options. Probation staff are either provided demographic data by the underlying documentation (ex: police report) or rely on the youth's self-report in deciding how to record the youth's gender, race, ethnicity, and other key factors. For the purposes of this Report, the Probation Department informed providers they could expand categories, if their data varied regarding gender, race, and ethnicity. As a result, some youth have been included whose gender is recorded as non-binary.

In mid-2023 the Probation Department conducted a collaborative assessment of race and gender data collection, both in Probation's system and among its providers and justice partners. The Probation Department is committed to improving race, ethnicity, and gender data collection to understand how different groups are experiencing its systems and programs. The findings from that collaboration are described at the conclusion of this Report, and the work to improve race and gender data collection is ongoing.

Partners in Service Provision

The Probation Department relies on our strong relationships with community-based organizations (CBOs) and other regional partners to provide effective, traumainformed, and accessible services that change lives and protect Sonoma County.

Whether serving youth in Juvenile Hall, or those receiving services in the community, their dedication and hard work is both vital and transformative. The Probation Department would like to thank the following organizations for the incredible work they do with youth under Juvenile Court jurisdiction.

- Boys and Girls Clubs of Sonoma County
- Center for Volunteer and Nonprofit Leadership (CVNL)
- Child Parent Institute
- Circuit Rider
- City of Santa Rosa-Guiding People Successfully
- LifeWORKS/El Puente
- RECOURSE Mediation Services
- Restorative Resources
- San Francisco Forensic Institute
- Seneca Family of Agencies
- TLC Family Services
- Verity

Policy and Advisory Partners

In addition to the organizations that provide direct services, Probation also wishes to acknowledge the work of the bodies or partnerships that advise Probation and help guide the implementation of changes in law impacting youth in the juvenile justice system. The composition of these groups can vary but can include several of the CBOs previously mentioned, justice system partners, State and County program leadership from partner-Departments or Agencies, members of the public, youth with lived experience, and the Juvenile Court presiding judge.

- The Juvenile Justice Coordinating Council
- The Juvenile Justice Realignment Subcommittee
- City of Santa Rosa-Violation Prevention Partnership
- Family First Prevention Services Act (FFPSA)/Child Abuse Prevention Leadership Group

Summary of Youth Served

Understanding the Report

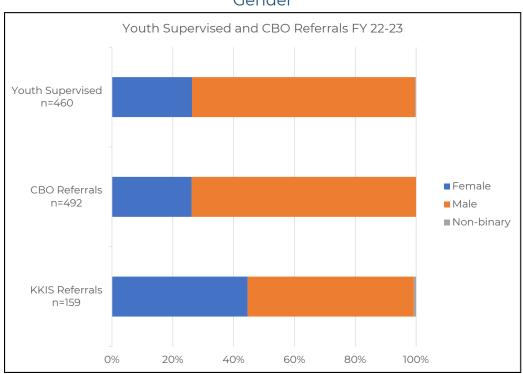
The choices for race and ethnicity are: Asian, American Indian/Alaskan Native (AI/AN), Black, Hispanic/Latino(a), Multi-Racial, Native Hawaiian or Other Pacific Islander (NH or OPI), Other/Unknown, and White. Gender options include Female, Male and Non-Binary (NB). Since the tables have limited space, please note the initialisms provided above, when needed.

Explanation of data de-identification

In accordance with the California Department of Social Services (CDSS) data deidentification guidelines, the data displayed in this report have been masked to protect the privacy of youth receiving services. Since some participant counts are less than 11, caution dictates that the data displayed are masked. Masking is achieved in this report two ways. When reporting data broken out by gender, age and race/ethnicity, a randomized buffer of +/- 2.0¹ is applied to all disaggregated counts. Actual numbers for the disaggregated counts are not shown, but instead graphs are used to provide a general impression of the size of each group. Any percentage shown is based on the buffered counts. By applying these methods, Probation is still able to meaningfully communicate a sense of who was served, while safeguarding the anonymity of youth who have completed services in the Juvenile Hall and community.

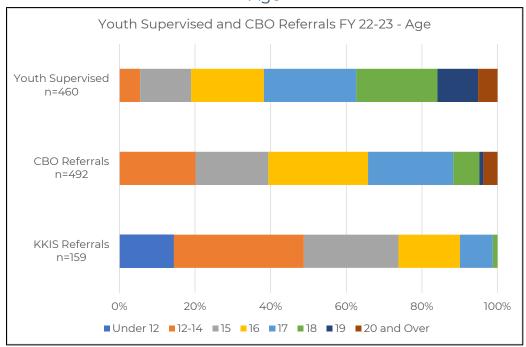
To follow are charts comparing demographic breakouts between youth on supervision (including Diversion), referrals to CBO services, and, separately, referrals to Keeping Kids in School (KKIS). KKIS is separated from other CBO referrals because most students in KKIS are not on supervision with Probation. The result allows for more meaningful comparison among demographic groups between youth supervised and CBO referrals.



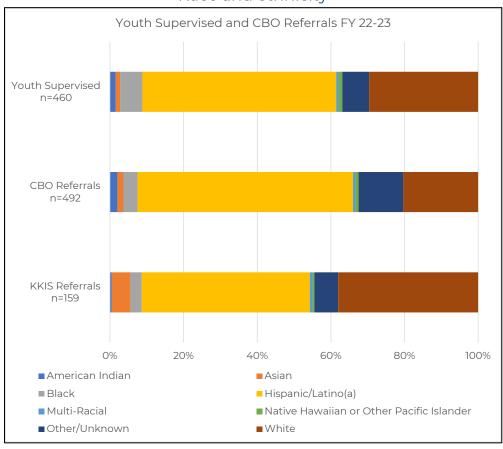


¹ Where applying a negative random buffer would produce a negative count, the random buffer is converted to a positive number.

Age



Race and ethnicity



Probation Contracts: Service Descriptions and Outcomes

The following includes summaries for each program of the number of youth served in FY 2022-2023 as well as outcomes achieved, indicators of program quality, and participant successes and challenges, when available. Data on people served are shown disaggregated by age, gender, and race/ethnicity with a buffer that protects youth anonymity, as described above. As described above, the data collected in this Report includes youth who were referred directly by Probation, the Court, or a school program, had been recorded as starting services either before or during FY 2022-2023, and in most cases, had completed those services during FY 2022-2023. In the less typical instance when youth have continued services after their conditions of Probation have been met, a short description of the exception will be given.

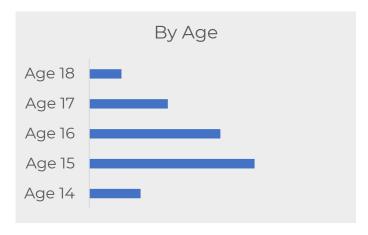
Aggression Replacement Training (ART)

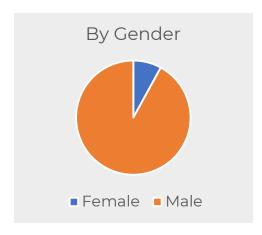
ART is an evidence-based practice and a cognitive-behavioral intervention incorporating three specific interventions: skill-streaming, anger-control training, and moral reasoning training. The curriculum consists of three components: Structured Learning Training (The Behavior Component), Anger Control Training (The Emotional Component), and Moral Reasoning (The Values Component). In group sessions, participants gain tools that allow them to solve problems, make decisions, and interact positively in social situations. Youth meet for 1½ hours, twice weekly for 10 weeks. ART is provided by Circuit Rider.

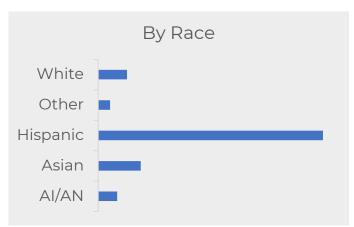
People Served:

ART is available to males and females, ages 13-18, who are currently on juvenile probation classified as moderate to high risk to reoffend according to the Positive Achievement Change Tool (PACT) assessment, or are gang involved. Between 7/1/2022–6/30/2023 ART through Circuit Rider served 25 unique participants. The disaggregated data for the ART participants are as follows:









ART Outcomes:

- 100% completed 10 weeks increased social skills.
- 96% who completed 10 weeks decreased anger and aggressive responses.
- 96% who completed 10 weeks reported an overall decrease in the tendency to engage in self-serving cognitive.

ART Indicators of program quality:

- 100% who completed 10 weeks, Agreed or Strongly Agreed that the A.R.T. Staff were helpful.
- 100% who completed 10 weeks Agreed or Strongly Agreed that the A.R.T. Participants were helpful.
- 100% who completed 10 weeks Agreed or Strongly Agreed that they would be in a group like this again, if they had the chance.

ART Participant Successes and Challenges:

- "I like the groups; they are actually helping me at home and at school."
- "My mom said I sound more respectful when I talk."
- "I like coming to groups, but I have a hard time getting a ride from Cloverdale."

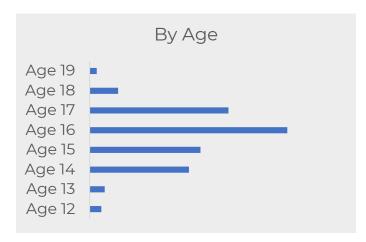
Community Service Work

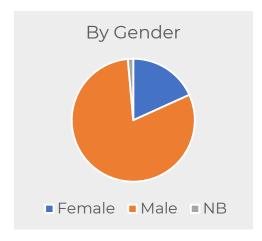
Youth are referred to Center for Volunteer & Nonprofit Leadership (CVNL) from their Probation Officer or the Court and matched to community service work opportunities based on their interests and other needs. Youth can build skills and connect to the community in a meaningful way. Because extensions may be granted by CVNL to complete requirements, some youth were still participating after the end of the FY 2022-2023.

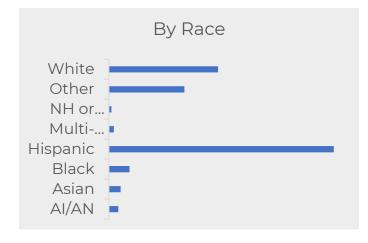
People Served:

Community service through CVNL is available to youth who have had juvenile justice contact or dispositions. Between 7/1/2022–6/30/2023 community service facilitated by CVNL served 192 participants. The disaggregated data for the community service participants are as follows:









Community Service Work Outcomes:

- 92 Completed all their community service hours some having worked extra hours.
- 38 Did not report to our program or completed time in custody rather than community service hours.
- 49 were placed but did not complete hours or only completed partial hours.

- 4 youth referrals were revoked.
- 9 are still pending.
- 45 youth were still participating at the end of the fiscal year.

Community Service Work Indicators of program quality:

- Most youth indicate appreciation of assignment and ability to work and learn new skills and make new connections that will help in the future.
- Most youth indicate positive outcomes even if they do not complete all their hours.

Community Service Work Participant Successes and Challenges:

- Transportation was a major issue for youth that either did not have a car or could not drive.
- Agencies had limited times available for youth to complete their volunteer hours when youth were available since they attend school and most of them also work or take care of siblings.
- Agencies have reopened after the pandemic but staffing and oversight of youth is limited.

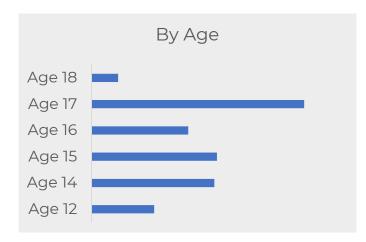
Functional Family Therapy (FFT)

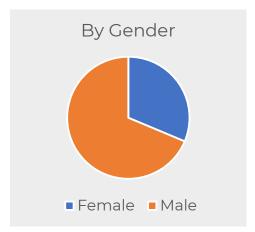
FFT is an evidence-based program focuses on improving family communication and support while decreasing negativity. Services are short-term and conducted in both clinic and home settings, and can also be provided in schools, child welfare facilities, probation and parole systems, and mental health facilities. This service is delivered by TLC Child and Family Services.

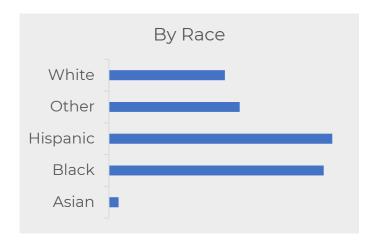
People Served:

FFT is available to youth, ages 10-17, and their families who are living in Sonoma County that would benefit from family therapy when the youth present with behavioral challenges. Between 7/1/2022–6/30/2023 FFT served 10 unique participants, who exited in during that period. The disaggregated data for FFT participants are as follows:









FFT Outcomes:

- 66% of the youth that completed the program reported that since starting counseling their family had significantly changed for the better.
- 100% of the parents that completed the program reported that since starting counseling, their family had significantly changed for the better.

FFT Indicators of program quality:

Our FFT program was in Phase 1 of implementation, during Quarter 1, the clinician's fidelity rating in the program was 3.25 out of 4. This internal FFT measure, is an indicator of adherence to the FFT model.

FFT Participant Successes and Challenges:

- "I am grateful for the tools I learned in therapy. I am less reactive and can communicate better with my daughter." (parent of referred youth)
- "As a family, we have been able to reduce our stress, we understand each other better" (parent of referred youth)
- "I know it seems like she's not getting a lot of the therapy because she doesn't say much, but we've fighting less during the week" (sister of referred youth)
- "I usually don't like therapist[s], but I feel excited every time we meet" (referred youth)

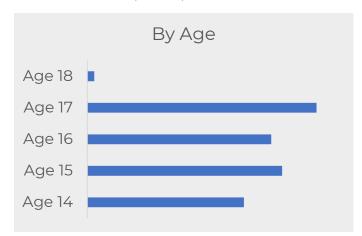
Intensive Case Management (ICM)

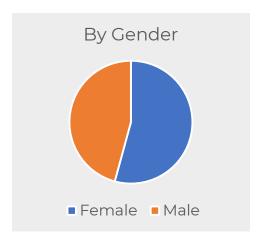
ICM extends Wraparound services to high-need families who would not otherwise qualify or who have a lower level of need. The program provides linkages and stabilization services to families experiencing difficulties in at least two life domains. ICM provides a family-centered, strength-based approach to serving families, and includes case management, crisis support, therapeutic intervention, transportation, and case coordination. ICM is provided by Seneca Family of Agencies.

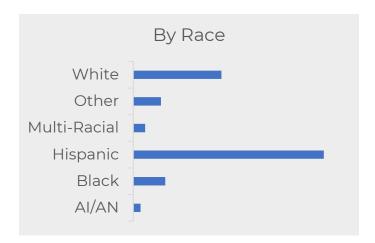
People Served:

ICM served 35 youth in the 7/1/2022 - 6/30/23 fiscal year, 23 of whom exited services during the fiscal year. The disaggregated data for ICM participants are as follows:









ICM Outcomes:

Of the 35 youth served, 23 youth exited services during the fiscal year. Of the youth that exited, 17 (74%) stepped down in care, 2 (8%) stepped up in care, and 1 (4%) was missing when services ended.

ICM Indicators of program quality:

Of the youth that participated and exited ICM services in the last fiscal year, 17 (74%) met or partially met their treatment goals and 6 (26%) did not meet their treatment goals.

A Child and Family Needs and Strengths (CANS) assessment is completed for every youth at the beginning and end of treatment to identify actionable areas of need. Overall, actionable needs decreased across all domains, with notable decreases in Depression (71% of youth), Anger Control (53% of youth) and Interpersonal (53% of youth) domains. For each of these groups, the percentage reflects youth whose need was in the actionable range at the beginning, where the need improved to the non-actionable range at treatment end.

ICM Participant Successes and Challenges:

- Youth "I appreciate the opportunity to work on myself and get extra support"
- Youth "Keep doing what you are doing. You are all so amazing."

Girls Circle

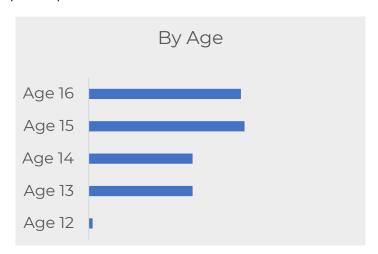
Girls participate in a structured support group with a variety of topics. The program integrates relational theory, resiliency practices, and skills training to increase positive connection, personal and collective strengths, and competence. Service providers for Girls Circle are Child Parent Institute (CPI) and Verity.

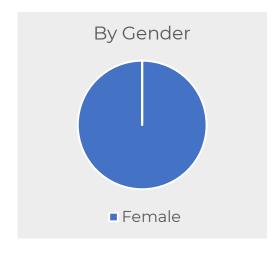
People Served:

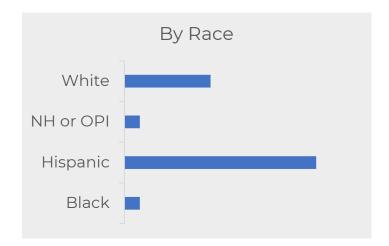
The 8-week Girls Circle program provides group services to females in the juvenile justice system. The program utilizes a girl-responsive, Motivational Interviewing approach to treatment services involving relationship building, ritual, and directed techniques to elicit self-change. Structured, skill-building activities promote critical thinking skills development in the areas of relationship building, communication skills, self-esteem, drug, and alcohol resistance, and planning for the future. Girls Circle serves females, ages 12-16 living in Sonoma County.

Between 7/1/2022–6/30/2023 CPI served 13 participants and Verity served 7. The disaggregated data for the Girls Circle participants are as follows:









Girls Circle Outcomes:

• 90% of participants completed the program led by a trained Girls Circle facilitator. 90% of participants actively participated in group discussions/activities during each session. 96% who completed 10 weeks decreased anger and aggressive responses.

Girls Circle Indicators of program quality:

• Each youth participated in a satisfaction survey provided at the end of the program. 70% of the participants indicated learning in the group.

Girls Circle Participant Successes and Challenges:

- Successes: Participant shared that participating in Girls Circle helped her believe in her ability to reach her goals and make changes in her life. Another participant expressed having learned that other girls have similar concerns and that she learned to appreciate that everyone has a different story. Another participant said that she learned to be more confident.
- Challenges: During the first week of group the facilitator noticed the youth needed snacks and so we began to provide them with nutritious snacks such as fresh fruit and granola bars. We continue to provide snacks.

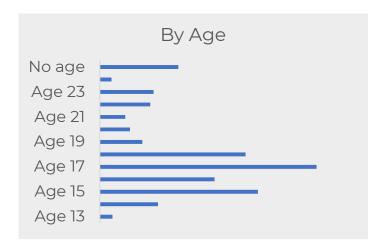
REACH

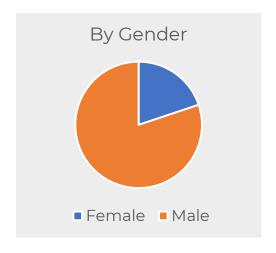
REACH serves youth reentering the community from Juvenile Hall with mentoring, assistance in engaging in community service work, work experience opportunities, field trips, educational support, substance abuse treatment, health, and fitness, and provides services and assistance during probation and post-probation dismissal. REACH is provided by the Boys and Girls Club of Sonoma County.

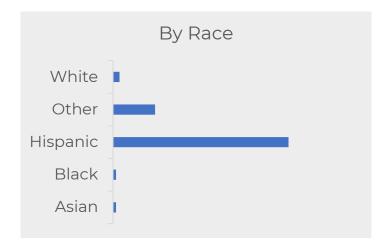
People Served:

REACH targets disadvantaged young people, ages 13-24, living in Sonoma County who come from high-risk families and neighborhoods, and who have been arrested or suspended from school multiple times. Between 7/1/2022-6/30/2023, 77 youth participated in REACH.









REACH Outcomes:

- 81% of participants completed the program.
- 86% of youth served did not violate probation during the reporting period.
- 96% of youth served did not incur new criminal charges.

REACH Indicators of program quality:

• To provide stabilized housing (safe and semi-permanent) for 75% of REACH Members within 90 days of release, as measured by staff & Member surveys. 100% of youth served had stable housing during the reporting period.

REACH Participant Successes and Challenges:

- "This will be a great opportunity for me", said the youth. "Not only will I be able to learn how to plaster, but I'll be able to live on campus. I don't really have a place to stay now, and this program will give me everything that I need right now to be successful."
- "I am very grateful for the help that I received from my REACH Mentor. I feel that I am on track this time and won't be going back in-custody."

Restorative Justice Programs

These programs help youth learn to take responsibility for their actions and make amends. They meet with their victim and others to discuss their wrongdoing. A restorative plan is developed, and youth receive support in completing their plan. These services are delivered by Restorative Resources and RECOURSE Mediation.

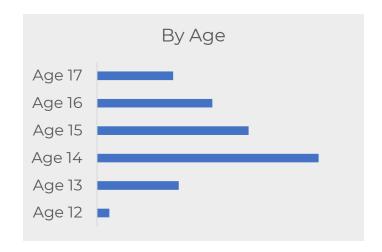
Restorative Mediation Services

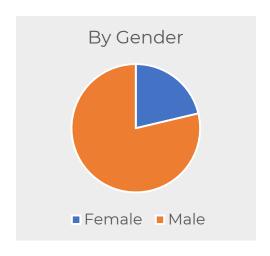
Restorative Mediation, provided by RECOURSE Mediation, prepares young participants for a mediation session where they hear from their victims and the impact of their actions and then work to repair the harm done. Restorative Mediation is rooted in the principles of restorative justice and is intended for less complicated cases that can be quickly resolved, perhaps even in one session.

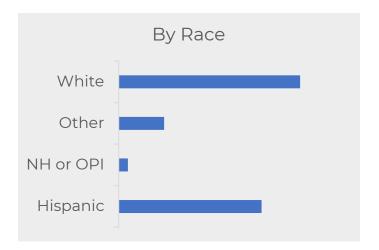
People Served:

Males and females ages 12-17, living in Sonoma County who received a citation from the Police Department. Between 7/1/2022-6/30/2023, 25 youth completed the program.









Restorative Mediation Outcomes:

• 70% of participants completed the program successfully and 30% were incomplete.

Restorative Mediation Indicators of program quality:

- 85% of parents rated the change they saw in their child post program as positive or very positive
- Post program, 92% of the youth rated their relationships with parents, siblings, self, and school as good or very good.

Restorative Mediation Participant Successes and Challenges:

- Enjoyed the community service hours and plans to continue helping the community.
- Weekly check-ins were very helpful in keeping them on track to finish their program.

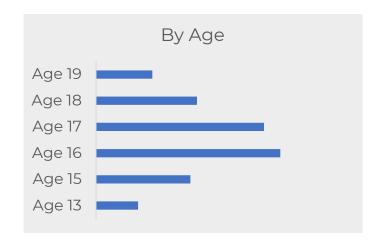
Restorative Conferencing

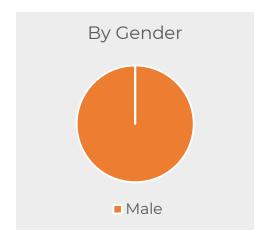
Restorative Conferencing is a program based on community restorative justice principles. It involves a face-to-face, facilitated meeting between the victim and the offender with the goal of repairing harm and restoring the community to the state of well-being it enjoyed before the crime occurred. During the meeting, participants are encouraged to tell their stories of the crime—what led to the crime and the aftermath. Participants ask questions about the crime and get answers to help them understand what happened and why it happened. Cases are referred to trained facilitators who conduct meetings between the victims, offenders, and their families. Restorative Conferencing is provided by Restorative Resources.

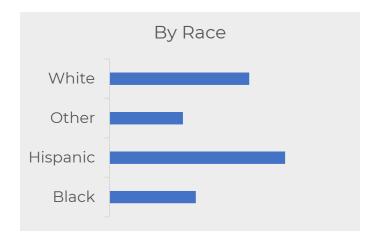
People Served:

Target population is youth, ages 12-24, from any race, ethnicity, background, lived experience, gender/non-binary, or sexual orientation that has had contact with the juvenile justice system and at any stage of the juvenile justice adjudication process. Service also includes their families, their victims, and any stakeholder who chooses to be involved. Between 7/1/2022-6/30/2023, 14 youth completed the program.









Restorative Conferencing Outcomes:

Program Completion

100% of youth who entered our program successfully completed the program!

- Healing of Victims & Impacted Parties: 67% of participants scored 5/5; 19% of participants scored 4/5; 14% of participants scored 2/5
- Better Understanding of Impacts on Community: 74% of youth participants scored 5/5; 26% of youth participants scored 4/5
- Showed effort to heal relationships: 79% of participants scored 5/5; 5% of participants scored 4/5; 11% of participants scored 2/5; 5% of participants scored 1/5

Restorative Conferencing Indicators of program quality:

Youth and parents completed a program evaluation survey at the end of the program. Of the completed forms from youth and parents, results were as follows:

- Fair Process: 100% scored 5/5 that the Restorative Conference process and Restorative Action plan seemed fair.
 Meaningful and Fully Addressed Impacts: 100% scored 5/5 that the Restorative Conference was meaningful, and that the Restorative Action Plan fully addressed the impacts of the offense.
- Satisfaction with program: 94% scored 5/5 that they were satisfied with the program; 6% scored 4/5 that they were satisfied with the program.
- Satisfaction with staff: 94% scored 5/5 that they were satisfied with the staff; 6% scored 4/5 that they were satisfied with the staff.

Restorative Conferencing Participant Successes and Challenges: Participant:

- "At the conference I got to hear other perspectives. That really helped me understand. I didn't think I'd ever want to talk to the victim again, but now it's all fine. She even told me she'd help me if I ever need help."
- "Learning to sympathize and empathize with people."
- "Families/impacted parties: "My son trusted you, and that made us trust you. You brought meaning and heart to it all. We learned a lot from the way the conference was held."
- "My son come to the realization of his part in this and his mistakes. Something shifted for him, and he seemed to grow up. I saw it happen by his talking to [program staff]."

Participant re: facilitator/community member: "Thank you for having the community members and the Probation Officers present to support us."

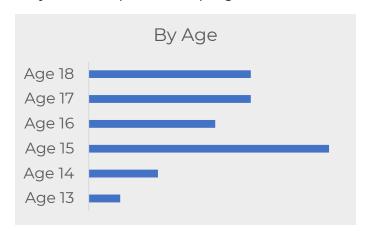
Accountability Circles

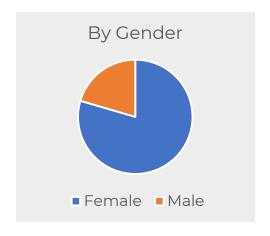
Accountability Circles is a way of responding to criminal behavior by balancing the needs of the community, victims, and youth. Restorative programs address accountability, competency development and community safety by providing an opportunity to repair harm and make amends while involving the victim and community. Program participants are expected to fully attend and participate in all group or individual sessions. Typically, this service will be used for youth on probation supervision in the community or those being diverted from the system. This service may include a restorative conference mid-way through the program and a graduation ceremony.

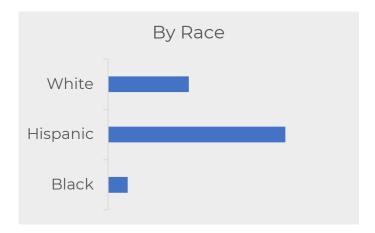
People Served:

Youth ages 12-24, from any race, ethnicity, background, lived experience, gender/non-binary, or sexual orientation that has had contact with the juvenile justice system and at any stage of the juvenile justice adjudication process. Service also includes their families, their victims, and any stakeholder who chooses to be involved. Between 7/1/2022-6/30/2023, 24 youth completed the program.









Accountability Circles Outcomes:

- 100% of youth who entered and not withdrawn from our program successfully completed the program. Participant Surveys (scale of 1-5, 5 = highest score)
- Healing of Victims & Impacted Parties: 67% of participants scored 5/5; 19% of participants scored 4/5; 14% of participants scored 2/5
- Better Understanding of Impacts on Community: 74% of youth participants scored 5/5; 26% of youth participants scored 4/5
- Showed effort to heal relationships: 79% of participants scored 5/5; 5% of participants scored 4/5; 11% of participants scored 2/5; 5% of participants scored 1/5

Accountability Circles Indicators of program quality:

Youth and parents completed a program evaluation survey at the end of the program. Of the 39 completed forms from youth and parents, results were as follows:

- Fair Process: 100% scored 5/5 that the Accountability Circle process and Restorative Action plan seemed fair.
- Meaningful and Fully Addressed Impacts: 100% scored 5/5 that the Accountability Circle was meaningful; 100% scored 5/5 that the Restorative Action Plan fully addressed the impacts of the offense.
- Satisfaction with program: 97% scored 5/5 that they were satisfied with the program; 3% scored 4/5 that they were satisfied with the program. Satisfaction with staff: 97% scored 5/5 that they were satisfied with the staff; 3% scored 4/5 that they were satisfied with the staff.

Accountability Circles Participant Successes and Challenges:

- Participant: "The most meaningful to me was the conference because there I
 feel like I got to learn a lot about how I truly effected people as well as building
 me up to strive to do better."
- Participant: "The most meaningful part of this program was getting a chance to talk to the victim and make amends with her. It made me feel for my actions and reflect."
- Families/impacted parties: "Para mi estuvo bien la conferencia porque todos llegamos a un acuerdo en la conferencia."
- "The most meaningful aspect of the program was that it was the appropriate measure of response to our son's transgression. The facilitator provided an intentional restorative reflection space for our son to grow and heal, while simultaneously providing excellent mentoring."
- Participant re: facilitator/community member: "The most meaningful was the
 contact with staff the main reason was for understanding the situation. [The
 provider] has been the most positive. From the beginning, trust and
 confidence with the staff was key. The content of the program as well."

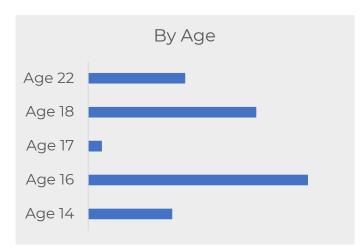
<u>Treatment of Sexual Offending Youth (TSOY)</u>

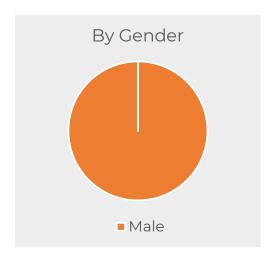
Probation staff work closely with the treatment provider to supervise and treat youth adjudicated on a sexual offense. The treatment program includes individual, group and family therapy and strives to develop the youth's internal controls, insight, self-esteem. Treatment is highly individualized, and the primary therapy modality is Cognitive Behavioral Therapy (CBT). Services are provided by the San Francisco Forensic Institutes (SFFI).

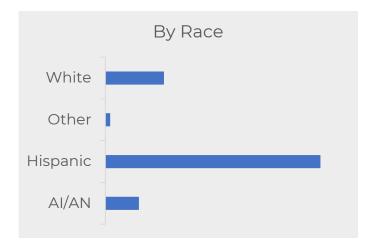
People Served:

Treatment of Sexual Offending Youth is currently available to male teenagers and young adults, ages 14-23, under supervision of Sonoma Probation Department or in custody at Sonoma Juvenile Hall, who have been convicted of one or more sexual offenses. Between 7/1/22-6/30/23, 9 Sonoma youth participated in the program. The disaggregated data for these services are as follows:









TSOY Outcomes:

- All participants established reliable attendance and meaningful progress in the program. A small number left the region and were unable to finish services. A few met all treatment goals and completed the program within one year.
- By Spring of 2024, most were on track to complete treatment. At the same time, there was a small group just beginning services who demonstrated progress in terms of cognitive behavioral skills and healthy sexual management.
- Non-Sonoma County participants were all on track to complete treatment by Spring of 2024.

TSOY Indicators of program quality:

- We believe a meaningful indicator of program quality is the youth finishing the program and understanding the benefits of the program. Our youth have been on track to finish our program while some have already finished.
- We also have QA sessions occasionally when clinicians are unable to be there for their session. We usually ask how the sessions are going and we can judge whether the clinician is a good fit.

TSOY Participant Successes and Challenges:

- "I feel like I have- through talking with [my clinician] and the group therapy I have more insight. It's really helpful into my life and situation."
- "Yes, [my clinician] is like supportive because she asks my opinion She is good at telling if I'm not having a good day. In group, I feel like my main goal is to get out of here. To make progress- that's my goal. We haven't had that many groups yet."
- "Most definitely- ultimately, I want to be a better person and get out. For a while I was depressed and in a dark place. Being in therapy has really helped me not feel that way. [My clinician] will give me tips on how to handle certain situations in my life."
- "I've noticed that I'm more forgiving and accepting of myself. I've been working a long time on anger management. It gives me a sense of inner peace. I can work on myself."
- "What doesn't work well, is when the therapist does not want to go deep in general and building a rapport or relationship with me. Sometimes the therapist just talks about how the day went or what I'm doing, not really deep. Or they move too fast and expect me to talk about my childhood the first time we meet. I really like [my clinician]."
- "Honestly, if it could be in person, sometimes the zoom the glitches out. We have to resay stuff. I feel like in person would be better."

Trauma Counseling

Individualized trauma counseling draws on Trauma-Focused Cognitive Behavioral Therapy and other modalities by Lifeworks/El Puente. These services provide a venue for youth to process traumatic experiences and build positive coping skills. They are available in the community and in detention.

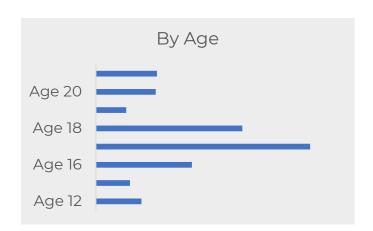
Lifeworks/El Puente

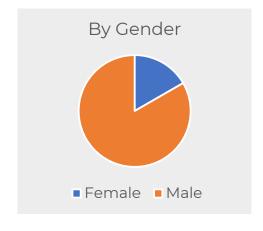
Through Lifeworks and El Puente, youth can access individualized trauma counseling which draws on Trauma-Focused Cognitive Behavioral Therapy and other modalities based on their assessed needs. Available both in the community and in detention, this counseling provides a venue for youth to process traumatic experiences and build positive coping skills.

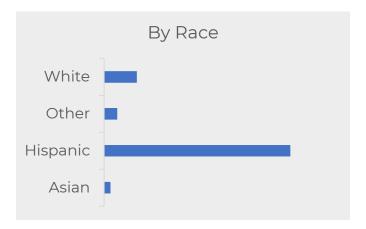
People Served:

Youth who are ages 12-25 who have experienced trauma in the home or community. Between 7/1/2022–6/30/2023, 24 youth participated in this program. The disaggregated data for Lifeworks/El Puente participants are as follows:









Lifeworks/El Puente Outcomes:

83% of participants completed the program and 79% met their treatment plan goal of improved communication or understanding of their emotions.

Lifeworks/El Puente Indicators of program quality:

Youth who participate fill out a pre- and post-treatment survey regarding their own thoughts around feelings and trauma and the El Puente Probation Program. 75% of the youth completed the surveys and 100% of youth who completed the post survey either identified the same or better results.

Lifeworks/El Puente Participant Successes and Challenges:

In describing what was most helpful a youth wrote, "The easy access to therapeutic treatment for juveniles in custody." Another youth stated regarding what he learned "speaking how I feel". In speaking about what could be changed for the program to be better one youth wrote "food".

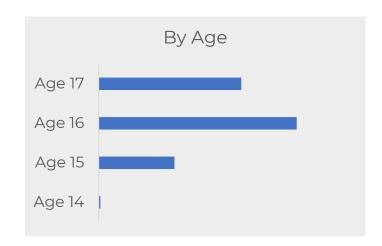
Vista Academy

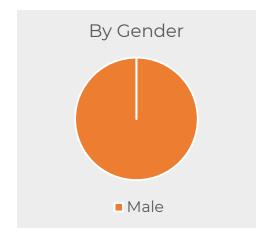
Vista Academy is an intensive, community-based, after-school program intended to supervise, assist, and serve youth who have been referred by Probation or are Court-ordered to attend the program. Vista's principal intervention strategy is a comprehensive framework of activities and interactions that support each participant's development of protective factors and new social assets. Their strength-based, multi-modal framework targets dynamic criminogenic needs through a behavioral approach to support each participant's development of prosocial skills as he adapts new patterns of positive behavior and increase in competencies relevant to becoming successful adults. Vista Academy is run by the Circuit Rider.

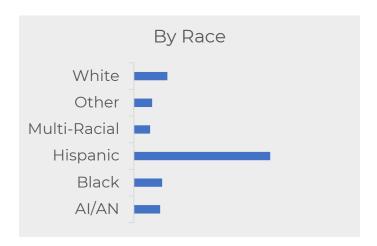
People Served:

Vista Academy is currently available to males ages 13-18, currently on juvenile probation classified as high risk/gang involved, demonstrating likelihood of reoffending according to PACT assessment. Between 7/1/2022–6/30/2023 Vista Academy served 16 unique participants. The disaggregated data for the Vista Academy participants are as follows:









Vista Academy Outcomes:

- 100% increased social skills
- 90% decreased anger and aggressive responses
- 81% of these participants reported an overall decrease in the tendency to engage in self-serving cognition
- Vista Academy Indicators of program quality:
- 100% Agreed or Strongly Agreed that the Vista Academy Program Staff were helpful
- 65% Agreed or Strongly Agreed that the Vista Academy Program Participants were helpful
- 65% Agreed or Strongly Agreed that they would be in a group like this again, if they had the chance

Vista Academy Participant Successes and Challenges:

- "I was in the hall and a kid named _____ told [me] to choose Vista, that . . . it was actually a good program that really helps you out."
- "I wish I had this [group] when I was at Slater (middle school), then I would not be on probation right now."

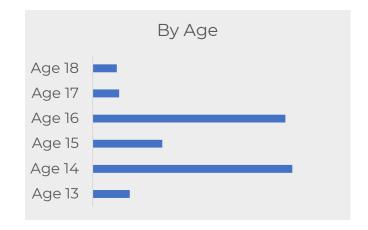
Guiding People Successfully (GPS)

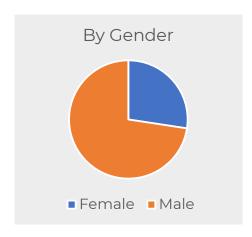
The GPS program provides coordinated wraparound services for gang-impacted, probationary and/or underserved youth who are vulnerable to involvement with the juvenile justice system and gang violence. The core elements of the program are (1) centralized intake; (2) preliminary identification of risk and protective factors; (3) referrals to community-based organizations who provide a variety of interventions and services; and (4) case management through a facilitated Multi-Disciplinary Assessment and Referral Team (MDART). GPS is operated by the City of Santa Rosa and services can continue post-Probation.

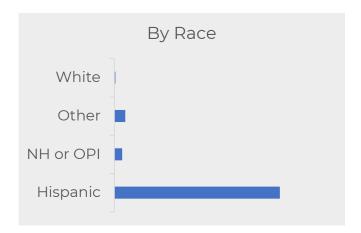
People Served:

GPS is currently available to high-risk youth between the ages of 13 and 18 years old in Santa Rosa. Between 7/1/2022–6/30/2023 22 youth were referred to GPS; 19 unique youth participated in this program. The disaggregated data for GPS participants are as follows:









GPS Outcomes:

Of the 19 individuals referred to GPS, 100% were referred to a partnered agency, of that, 77% were enrolled into those partnered agencies, with the other 13% declining services or not able to be reached by the referred agency.

GPS Indicators of program quality:

GPS does not track program-level quality indicators for the referred programs.

GPS Participant Successes and Challenges:

GPS does not collect qualitative data at the program-level for the referred programs.

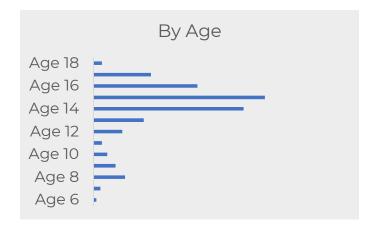
Keeping Kids In School (KKIS)

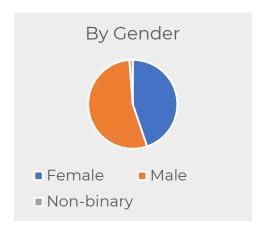
People Served:

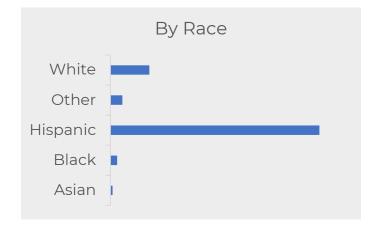
KKIS is designed to address chronic absenteeism and improve school attendance through the provision of highly collaborative and individualized case management services. KKIS assesses student and family needs to create individualized action plans in partnership with the student, their family, school administration, and key stakeholders. Youth enrolled in KKIS receive individual case management, including regular monitoring of attendance, behaviors, and grades; coaching for participants, caregivers, and school staff; family action plan meetings; and linkage to community resources. KKIS is operated by the Seneca Family of Agencies.

KKIS serves youth ages 6-18, living in Sonoma County who are experiencing chronic absenteeism and barriers to school engagement. Youth are referred through 8 partner school districts, truancy mediation, truancy court, and juvenile probation. Between 7/1/2022 - 6/3/23, 159 youth were enrolled in KKIS services. The disaggregated data for the KKIS participants are as follows:









KKIS Outcomes:

Of the 159 clients served in the fiscal year, 83 exited from services. Of those discharged, 42 (57%) exited with satisfactorily improved attendance, 5 (6%) transitioned to a higher level of care, 11 (15%) opted out of services, 2 (2%) dropped out of school, and 13 (18%) exited due to all service options exhausted. In addition, 10 clients exited due to a transition in school placement that disrupted services.

KKIS Indicators of program quality:

- 1. Number of school districts served: 14
- 2. Percentage of positive response on Seneca satisfaction surveys: School partner satisfaction: 88% positive, Caregiver satisfaction: 80% positive, Client satisfaction 71% positive
- 3. Percentage of clients receiving three key contacts per month: 88%
- 4. On average attendance improved by 26 percentage points.
- 5. Percentage of youth who had positive change in the Caregiver Skill domain at the final Needs Assessment: 64%

KKIS Participant Successes and Challenges:

- Youth "I feel the program is very helpful."
- Caregiver "[Case manager] is awesome and my child loves her!"
- School District "I wish it was available to more students."
- School District "More people from your staff at the school so that needs are always covered"

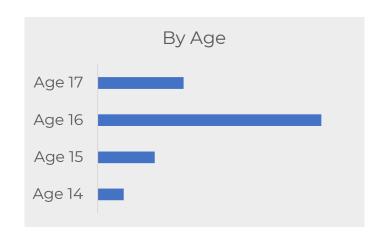
Wraparound

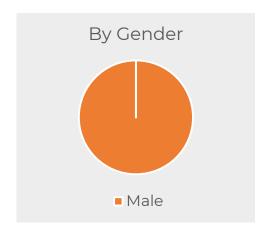
Wraparound is an evidence-based practice, and provides a family-centered, strength-based approach to serving families at risk of home removal. The program includes case management, crisis support, therapeutic intervention, transportation, and case coordination. Wraparound is operated by the Seneca Family of Agencies.

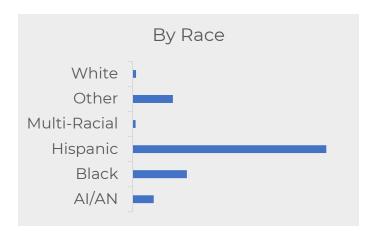
People Served:

Wraparound serves youth 5-18 years old connected to Sonoma County Juvenile Probation, Sonoma County Behavioral Health, and Sonoma County Child Welfare. The program serves youth who have experienced trauma, are at risk of losing their home placement, and/or stepping down from group home placement or detention. Between 7/1/2022-6/30/2023, 16 youth were served in Wraparound. The disaggregated data for Wraparound participants are as follows:









Outcomes:

Of the 16 youth served, 11 youth closed within the fiscal year 7/1/2022-6/30/23. Of the 11 discharged youth, 7 (64%) youth remained in the community, 3 of the 11 (27%) in JH had an extended stay at JH, 1 of the 11 (9%) was missing at the time of discharge.

Indicators of program quality:

• In the last fiscal year, 11 youth participated and discharged from Wraparound. 9 of 11 youth (82 %) met at least 1 mental health treatment goal. 5 of 11 (45%) met all their mental health treatment goals. 2 of the 11 (18%) did not meet their mental health treatment goals.

Participant Successes and Challenges:

- Caregiver "I have really enjoyed all the people and help our family has received. I have learned a lot from this and how not only to help my kids with things they are going through but also how to help me as well."
- Caregiver "Yes my son has been to juvenile hall since starting this service, but I must say that Wraparound has been great deal of help through it all."
- Youth "It's really helped me and moving back in with my parents after 6 months. I now have a much better relationship with my family, and we can communicate and understand each other."
- Youth "My experience in wraparound has been good so far. I like the supports that have been coming to me. I love my wraparound team."

Future Directions

As stated above by Chief Fuchs and Judge Gnoss, the enduring partnership of our community service providers cannot be acknowledged enough. Similarly, their patience and cooperation in helping the Probation Department with this Report is immeasurable. As this County began emerging from the COVID pandemic, it was clear that significant rebuilding would need to occur, always with a focus on providing the best services to youth under the Probation Department's care.

As the process of developing this Report initially began in 2023, it became clear through conversations that how Probation was collecting data required review. To start, the Juvenile Records Systems (JRS) and the underlying systems shared by justice partners, only captures one selection for race/ethnicity. Similarly, JRS only offers Female or Male as gender selections. The Probation Department understands that it needs improve race and gender data collection.

Once again, service providers stepped up giving us their tools and insights on collecting gender, race/ethnicity data. In summary, the data categories of the 12 providers who responded to our survey, are as follows:

- 6 or 50% reported using our provided demographics for gender and race/ethnicity which requires the inputter to make a selection
- Of the 6 that do not use our provided demographics, the following was found:
 - All 6 allow client to either select the option "Decline to state" or leave their gender and race/ethnicity blank
 - o 3/6 have expanded selections for both gender and race/ethnicity, but still only allowed one selection for gender and race/ethnicity
 - Of the 2/3 providers that allowed multiple race/ethnicity, and gender selections, each also allowed youth to self-identify their race/ethnicity and gender using a fillable field
- Only one of the 12 specifically asked youth to report on their preferred language

Moving forward, Probation is preparing to restructure race and gender data collection to better honor the identities of the people served. As the Department prepares to replace its case management systems, improved race and gender data collection will be a requirement. Lessons from community and County partners, as well as best practice research, is informing this work.