



# SONOMA COUNTY AGING & DISABILITY COMMISSION Planning Day

Location: Carnelian Conference Room,  
3725 Westwind Blvd. Santa Rosa 95403

Date: Wednesday, August 21, 2024

Time: 9:00 am – 2:00 pm

## Agenda

- |       |  |                                 |
|-------|--|---------------------------------|
| 9:00  | 1. Activity: <i>What do you want to achieve?</i>   | Varma/Edwards                   |
| 9:10  | 2. Welcome   | Helman                          |
| 9:15  | 3. Public Comment  |                                 |
| 9:20  | 4. New Member Applicant: Cimino - Action   | Helman                          |
| 9:25  | 5. Activity: <i>Getting to know you? Hope for the day</i>  | Helman                          |
| 10:00 | 6. Day in the Life-Petaluma People Services Center   | Elece<br>Hempel/Daphne<br>Scott |
| 10:20 | 7. Adult & Aging Presentation<br><i>Overview of Adult &amp; Aging services, funding, Aging &amp; Disability Commission impact.</i> | Avery                           |
| 10:55 | 8. Break   |                                 |
| 11:10 | 9. Aging & Disability Commission Jeopardy  | Thompson/Varma                  |
| 11:50 | 10. Lunch  |                                 |
| 12:30 | 11. Brown Act Check-In   | Beards/Silverman                |

12:50	12. Activity: <i>What's your Why?</i>	Helman/Thompson
1:40	13. Day in the Life-Senior Advocacy Services	Crista Barnett Nelson
2:00	14. Closing	Helman

**Executive Committee:**

**Chair:** Jenny Helman

**Vice Chair:** Robin Thompson

**Secretary:** Deanna Shaat

**Former Chair:** Diane Spain

**Parliamentarian:** Trayce Beards