



SONOMA COUNTY AGING & DISABILITY COMMISSION

Commission Meeting

Location: Carnelian Conference Room,
3725 Westwind Blvd. Santa Rosa 95403

Date: Wednesday, November 20, 2024

Time: 1:00 pm – 3:00 pm

Public Zoom Link: <https://zoom.us/j/95119660692?pwd=p55PwlBEbWGv6WvxXbuNoYHbVV4ovM.1>

Agenda

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| 1:00 | 1. Welcome and Introductions | Helman |
| 1:00 | 2. Approval of Minutes (10.16.2024) | Helman |
| 1:05 | 3. Chair Updates | Helman |
| | <ul style="list-style-type: none">• Proposed amendment to Standing Committee Procedures—Action• New Aging & Disability Commission Applicants—Action• No Meetings in December• Volunteer Hours Report:<ul style="list-style-type: none">○ <i>notice of report; to be sent out early December</i> | |
| 1:10 | 4. Director/Staff updates | Dunaway/Avery/Milner
/Huntsperger |
| | <ul style="list-style-type: none">• Welcome Cody Milner• MPA Updates | |
| 1:15 | 5. Presentation of the Gold Resolution for Family Caregivers Month | Glentzer |

1:20	6. Legislative Offices: Representative Reports <i>Topics to be discussed: Transportation, Home Insurance, legislation regarding our older adult population</i>	Helman/Legislative Representatives
1:50	7. Public Comment and Council Member Open Forum	
1:55	** BREAK**	
2:05	8. National Family Caregiver Provider Showcase Presentation	Helman/Aging & Disability Commission Members
2:50	9. Standing & Ad Hoc Committee Report <ul style="list-style-type: none"> • <i>Standing Committee: No Wrong Door</i> • <i>Ad Hoc Committee: Special Projects</i> 	Helman
3:00	10. Adjourn	Helman

Attachments

Minutes (10.16.2024), Proposed amendment to Standing Committee Procedures, New Aging & Disability Commission Applications, Gold Resolution, Legislative Offices Questions

Supplemental materials related to an agenda item are available for public inspection during normal business hours at the Adult & Aging Office, 3725 Westwind Blvd., Suite 101, Santa Rosa. All listed times are approximate and subject to change. Agenda items are scheduled for consideration by the Commission, which may or may not choose to act. Breaks may be called at the discretion of the Chair. If you need any accommodation to effectively participate, please contact aaa@schsd.org or (707) 565-5238 at least 48 hours prior to the meeting. To receive the AAA Newsletter: AAA@schsd.org.

Executive Committee:
Chair: Jenny Helman
Vice Chair: Robin Thompson
Secretary: Deanna Shaat
Former Chair: Diane Spain
Parliamentarian: Trayce Beards



Sonoma County Aging & Disability Commission Meeting

Minutes

Wednesday, October 16, 2024 | 1:00pm – 3:00pm

Carnelian Conference Room, 3725 Westwind Blvd. Santa Rosa 95403

In-person Attendance: Deanna Shaat, Jenny Helman, Trayce Beards, Robin Thompson, Rick Baum, Sandra Hoevertsz, Terry Kelley, Erick Larson, Suzanne Edwards, Alain Serkissian, Diane Spain (Zoom), Don Streeper (Emeritus Member)

Absent: Priyanka Varma, Jaime Peñaherrera

Staff Attendance: Sara Avery, Paul Dunaway, Annie Silverman, Cassandra Denson.

1. **Welcome and Introductions** (Helman) (1:00pm)

2. **Approval of Minutes** (9.18.2024)

Minutes approved with edits for 9.18.24.

- Edits to the Minutes: 1-3 pm time change, Cindy Scarbough a guest on Zoom, Alain was Absent.

3. **Chair Updates** (Helman)

Commission Engagement for National Family Caregiver Month

- Commissioners have been assigned service providers to interview.
- Share with service providers that this is not a contract monitoring.
- The presentation on the providers will be held in the November Commission meeting.

Membership Updates:

- Kerrily Beaton and Larry McCabe have resigned as Commission members.

4. **Director/Staff updates** (Dunaway/Avery/Huntsperger)

Program Manager Recruitments Updates

- Introduced Joni Huntsperger as MPA Program Manager
- Cody Millner has been hired as the Community Services Program Manager.

Master Plan on Aging (MPA) Kick-Off Meeting Report

- All 5 Board of Supervisors Members attended along with Aging & Disability Commissioners and MPA Steering Committee members.
- Joni Huntsperger has been collecting interest cards/contacts.

Next Steps with MPA

- Joni Huntsperger is reviewing the priorities of the Master Plan for Aging.
- Action Committees will be formed around the priorities. The general size would be 6-10 participants with room for adjustments.



Sonoma County Aging & Disability Commission Meeting

- Aging Together Committee will be shifting to become the leadership board for the Master Plan for Aging.

MOW Waitlists

- Annie Silverman has begun an evaluation to gather information on challenges, impact, strategies, and solutions. She is working with the providers during this process. Evaluation is expected to be available at the January Commission meeting.

5. Presentation: AgeWell PACE, Program of All-Inclusive Care for the Elderly (Susana Avila)

- Full PowerPoint presentation slides are available upon request.
- The PACE facility is located in Rohnert Park.
- Offer full primary medical service along with transportation to and from appointments.
- Open House Monday, October 21st.

6. Public Comment and Council Member Open Forum

Jamie Escoubas, COA: Invites Commissioners and others to the November 6th listening session with Council on Aging to gather community input regarding Spanish-speaking services for memory and dementia care.

Marianne McBride, COA: Council on Aging is signing a contract with Kaiser as a strategy to provide medically tailored Meals on Wheels.

Emily Heinzelman, WCCS: West County Community Service now has a Spanish-speaking counselor on staff to provide service in Spanish to West County.

Daphne Scott, PPSC: Petaluma People Services Center is offering 4 dementia training sessions. These will be offered live on Teams and will be recorded for people who wish to watch later.

Erick Larson, Commissioner:

- Appreciation to those who participated in the Golden Harvest Senior Resource Fair.
- Participated in the CA Day of Action for the state Master Plan on Aging (MPA). Progress has moved into the implementation of the state MPA. Focusing on Homelessness Prevention.
- Sonoma City Council reviewed land usage, Erick attended to speak about the need for affordable senior housing and the MPA priorities. Recommends that the Commission should be reminding City Councils of the MPA/Commission goals and priorities.

Robin Thompson, Commissioner: Voting centers will have trained staff and specific machines that are designed for people with disabilities. Call the Register of Voters office for more information.

BREAK



Sonoma County Aging & Disability Commission Meeting

7. Standing & Ad Hoc Committee Report - Action (Helman)

Ad Hoc Committee: Special Projects

- Trayce Beards presented the goals/role of the Special Projects Ad Hoc Committee.
- Interested Members: Dianna Shaat, Terry Kelley, Erick Larson, Robin Thompson (Co-Leader), Diane Spain, Trayce Beards.
- Time Limit: October – December
- Task: To create a calendar of activities and a template for how to organize around that.

8. FY24-25 Priorities: Next Steps Discussion (Helman/Thompson)

- Priority focus on Housing for all aging and stages, Health reimagined, Inclusion & Equity- not isolation, Caregiving that works, and Affording Aging.
- Reviewed individual strategies outlined in the Area Plan that the Commission would be involved in.
- What's Next:
 - A&A Staff can provide fact sheets and additional data/information to the Commission on topics they wish to address.
 - Giving Voice to the different plans and priorities of the Commission, MPA, and Area Plan that represents the diverse community.
 - Spread awareness to the community.
 - Identify gaps in services.
 - Include ongoing agenda topic to share ongoing commission work towards the Area Plan and MPA.
 - Sara Avery and Joni Huntsperger can develop a tool to capture the ongoing work.

9. Adjourn (3:05pm)

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To submit items for the AAA Newsletter, or to receive the AAA Newsletter: AAA@schsd.org

Upcoming Aging & Disability Commission meetings:



Sonoma County Aging & Disability Commission Meeting

- Aging & Disability Commission, Executive Committee Meeting: November 12, 2024 (11:00am)
 - Aging & Disability Commission Meeting: November 20, 2024 (1:00pm)
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DRAFT

Aging & Disability Commission
ACTION ITEM
11/20/24

PROPOSED ACTION:

Amend Commission procedures to give the Executive Committee (EC) the discretion to decide whether a new standing committee Chairperson is a voting member of the EC.

Proposed amendment to Commission policies and procedures is bolded below:

IX. Standing Committees

B. PROCEDURES

1. Executive Committee (EC)

a. EC Voting Members

v. Chairperson(s) of other standing committee(s), if any,
at the discretion of the EC.

BACKGROUND:

Current Commission procedures say that the Chairperson of any standing committee is a voting member of the Executive Committee (EC). This means the standing committee Chair attends monthly EC meetings, and counts towards the EC quorum.

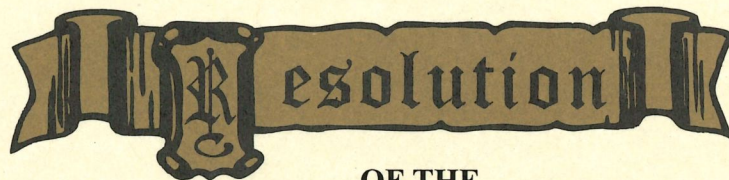
This procedure made sense when all standing committees met monthly (e.g. Planning & Funding and Civic Engagement), and reported to the EC monthly. But now, our only standing committee (other than EC) is the No Wrong Door committee, which meets three times per year.

The EC believes it is unnecessary for the NWD Chair to attend monthly EC meetings, and would like the discretion to decide whether the Chair of a new standing committee becomes a voting member of the EC.

After this change, the NWD Chair will be welcome to attend EC meetings, and will still report committee activities to the EC and the Commission.

This amendment to Commission procedures requires a majority vote of the Commission.

Dated: November 5, 2024



OF THE
BOARD OF SUPERVISORS
OF THE
County of Sonoma, State of California,

**Resolution Of The Board Of Supervisors Of The County Of Sonoma, State Of California,
Proclaiming November as Family Caregivers Month.**

Whereas, the Administration on Community Living, the National Council on Aging, the Caregiver Action Network, The National Alliance for Caregiving and Share the Care observe November 2024 as National Family Caregivers Month to recognize, honor and support the daily contributions of family caregivers; and

Whereas, more than 53 million Americans provide personal assistance to adult family members or friends with a disability or chronic illness; and

Whereas, over 4,000 family caregivers are currently providing In-Home Supportive Services in Sonoma County to enable their loved ones to remain safely in the community; and

Whereas, Family Caregivers Month highlights the fact that most people who need care rely on family and friends for support; and

Whereas, family caregiving is the backbone of our long-term care system and it often comes with great personal sacrifice in terms of job and financial security, social life, and physical, mental and emotional health; and

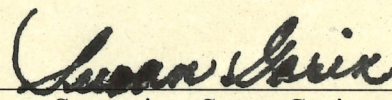
Whereas, Sonoma County's caregivers are diverse in their characteristics and circumstances but share the common goal of enabling their family members or friends to stay functioning and safe in the community whenever possible; and

Whereas, The Sonoma County Human Services Department, In-Home Supportive Services Public Authority and many other agencies in Sonoma County are committed to increasing awareness of caregivers' needs and continue to work to meet these needs; and

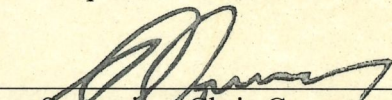
Whereas, we recognize and honor the family caregivers of Sonoma County during the month of November.

Now, Therefore, Be It Resolved, that the Sonoma County Board of Supervisors proclaims November 2024 as Family Caregivers Month.

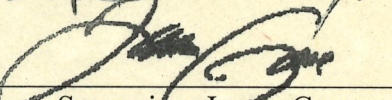




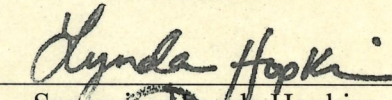
Supervisor Susan Gorin




Supervisor Chris Coursey



Supervisor James Gore



Supervisor Lynda Hopkins



Supervisor David Rabbitt, Chair

Aging & Disability Commission: Questions for Legislative Office Field Representatives

1. Sonoma County's transportation needs are addressed by multiple agencies and transit providers, but we are still largely an automobile-centric culture. Older adults and people with disabilities face significant issues of access and usability that go well beyond the needs of the general population. This is especially true for those living outside the urban cores (Sonoma County's 60+ population is 42% rural and 58% urban). What can you share with us about legislative efforts to manage this situation?
2. Sonoma County older adults, along with other Sonoma County residents, are experiencing severe increases in the cost of their homeowner's insurance premiums as well as unprecedented non renewals of their policies. Given that most older adults live on fixed incomes, such increases pose a serious threat to their ability to remain in their homes. What, if anything, is the State Legislature or Congress doing to address this insurance crisis and to bring immediate relief to affected older adults?
3. What other current or future legislation regarding our older adult population is your particular elected official working on that the Sonoma County Aging & Disability Commission can advocate for and/or support in the next coming year?