

MEHKO Frequently Asked Questions

The Sonoma County Board of Supervisors has authorized Sonoma County Environmental Health (EH) to issue a “microenterprise home kitchen operation” (MEHKO) permit to an individual to operate a food service operation in their private home.

Permitting

- 1. What is a MEHKO?**

It is a type of food service operated by a resident from a private home where food is prepared, cooked, and served to consumers on the same day. Food is to be consumed onsite, picked up, or be delivered to the consumer within a safe time period (e.g. within 30 minutes without hot holding equipment).
- 2. When does the MEHKO law go into effect?**

While the State law became effective January 2019, it required that a local governing body such as a city or county authorizes this type of operation. The Sonoma County Board of Supervisors approved the MEHKO program with the effective date of January 1, 2025 and EH will begin accepting applications on April 2, 2025.
- 3. Do I need a permit to operate a MEHKO?**

Yes, a permit shall be obtained from EH prior to operating a MEHKO.
- 4. How do I obtain a permit?**

To obtain a permit, submit a permit application, Standard Operational Procedures (SOP) and payment to EH. The submitted packet will be reviewed and an inspection of the MEHKO will be scheduled. If approved, a permit will be issued.
- 5. How long does the application process take for a MEHKO?**

The application process is determined by the level of detail and completeness of the application package. The standard application process for MEHKOs is up to 20 calendar days if the application package is complete and the level of detail in the operational procedures demonstrate compliance with the law.
- 6. I have a MEHKO permit for my current residence and will be moving. Is my permit still valid for my new residence?**

No, permits are not transferable to other people or other locations. Permits that are issued by EH are only valid for the person, location, and type of food service initially approved. In the event that the food permittee moves, changes their menu, or type of food service, a new permit application will need to be submitted for approval by EH.
- 7. Can two MEHKO permits be issued for two residents that would like to operate a MEHKO out of the same residence?**

Only one MEHKO may operate from a private residence. Permits are specific for the person, location, and type of food service to be offered.

8. What information is required in a MEHKO's SOP?

The MEHKO's SOP shall include:

- All food types or products (e.g. menu items) that will be handled.
- The proposed procedures and methods of food preparation and handling.
- Procedures, methods, and schedules for cleaning utensils, equipment, and for the disposal of refuse.
- How food will be maintained at the required holding temperatures, pending pickup by the consumer and during delivery.
- Proposed days and times when the home kitchen may potentially be utilized as a MEHKO.
- Will the food be served onsite, delivered, picked up, or all of the above.

9. Can a permitted Cottage Food Operator (CFO) also operate as a MEHKO?

No, a CFO is restricted to non-potentially hazardous foods and cannot serve foods from a private home.

10. What is the difference between a CFO and a MEHKO?

A CFO is restricted to preparing and selling only non-potentially hazardous foods that have [been approved by the California Department of Public Health](#) which may be sold directly or indirectly to the consumer whereas a MEHKO allows for the limited preparation of potentially hazardous foods for onsite consumption or delivery when permitted by EH.

11. How often will a MEHKO be inspected by EH?

After the initial permitting inspection, a MEHKO may be subject to one routine inspection per fiscal year. Additional inspections may be conducted in response to a consumer complaint, or reason to suspect that adulterated or otherwise unsafe food has been produced or served.

12. What areas of the MEHKO will be permitted and inspected?

The areas of a MEHKO that will be permitted and inspected include the home kitchen, onsite consumer eating area, food storage, utensils and equipment, restroom, cleaning facilities, and refuse storage area (this includes garbage, recycle, and compost areas).

13. What happens if a customer complains after eating at or purchasing food and beverages from a MEHKO?

EH may conduct an onsite inspection to investigate the alleged complaint. Fees may be assessed by EH if enforcement actions are taken.

14. What information is available to assist a MEHKO to operate in a safe and healthy way?

The Sonoma County Environmental Health [MEHKO webpage](#) is a great resource to obtain information.

15. Is a letter grade/placard required to be posted at a MEHKO like it is at a permanent food facility or a mobile food facility?

No, inspection report data and violation information relating to any inspections conducted at a permitted MEHKO can be found [here](#).

16. How would the public know if a MEHKO has an approved permit?

A MEHKO is required to display their permit, or a legible copy, during hours of operation. Customers can also visit [this webpage](#) to determine if a MEHKO has a valid permit.

Operating a MEHKO

1. Who is considered a resident?

A resident is an individual who lives in a private home (such as a single home, apartment, duplex, or condominium) when not elsewhere for work, or on a temporary basis (e.g. vacation). Second homes, vacation homes and motor homes do not qualify.

2. Can a MEHKO operate as a caterer?

No, a MEHKO is prohibited from operating a catering operation. Caterers must work from permanent restaurant or rental kitchen facilities.

3. Who can I sell my food to?

Food must be sold directly to a consumer for onsite consumption or delivery and not to a wholesaler or retailer.

4. Can a MEHKO sell or give away food products at a temporary event or certified farmer's market?

No, a MEHKO cannot sell food products at a temporary event or certified farmer's market. A MEHKO is limited to selling food directly to a consumer for onsite consumption or delivery.

5. Can a MEHKO sell to any wholesaler or retailer?

No, a MEHKO can only sell food directly to consumers, through a website, or a mobile application of an [internet food service intermediary](#).

6. Can a MEHKO serve as a commissary for a mobile food facility?

No, Sonoma County Code prohibits the use of a MEHKO as a commissary.

7. Can a MEHKO serve as a commissary or mobile support unit for a compact mobile food operation?

No, Sonoma County Code prohibits the use of a MEHKO as a commissary for compact mobile food operations.

8. Can a MEHKO advertise in front of the residence?

No, the MEHKO is prohibited from posting signage or other outdoor displays advertising the MEHKO from a residence.

9. Can a MEHKO advertise online?

Yes, a MEHKO can utilize an approved [internet food service intermediary](#) or another online platform that lists or promotes the MEHKO on its internet website or mobile application.

10. Can a MEHKO advertise using print media?

Yes, a MEHKO can advertise in a newspaper or other print media. The MEHKO must clearly identify EH as the issuer of the permit, the permit number, and include the statement "Made in a Home Kitchen" in a conspicuous font and location within the advertisement.

11. If there are complaints about odors, traffic, parking, and/or excessive noise, what agency should be notified?

Any complaints involving nuisance concerns can be reported directly to the local city's Code Enforcement Department, or for MEHKOs in the unincorporated areas, to the [County Code Enforcement Program](#).

12. Can a MEHKO utilize a third-party online delivery service, such as Uber Eats or DoorDash to deliver food?

No, a MEHKO is not allowed to utilize any third-party delivery service for food deliveries.

Food Service at a MEHKO

1. What type of food service is the MEHKO permitted to do?

A MEHKO can prepare and sell foods that have been approved by EH for same day onsite consumption or delivery.

2. What are the menu limitations on a MEHKO?

A MEHKO business may not prepare food or beverages that:

- Involve the production, service, or sale of raw milk or raw milk products.
- Involve the service or sale of raw oysters.
- Involve food processes that require a Hazard Analysis Critical Control Point Plan (see follow-up question below for more information).

3. What types of food processing require a Hazard Analysis Critical Control Point (HACCP) plan?

The following specialized food processes require a HACCP plan:

- Smoking food as a method of food preservation.
- Curing food.
- Using food additives or adding components such as vinegar as a method of food preservation.
- Operating a molluscan shellfish life support system display tank used to store and display shellfish that are offered for human consumption.
- Using acidification or activity to prevent the growth of *Clostridium botulinum*.
- Packaging potentially hazardous food using a Reduced-Oxygen Packaging (ROP) method.
- Preparing food by another method that is determined by EH to require a HACCP plan.

4. Can a MEHKO make and sell ice cream or other milk products?

No. The California Department of Food and Agriculture requires a license and specific requirements for the manufacturing of ice cream or dairy-based foods. A residential home will not be able to meet those requirements. This does not prohibit a MEHKO from utilizing dairy products such as pasteurized milk purchased from an approved source as an ingredient in a food product.

5. Can homegrown fruits and vegetables be used in a MEHKO?

Yes, however care should be taken to ensure all fruit and produce is grown and handled using best management practices associated with a community food producer and all produce must be thoroughly washed prior to use. The use of home-grown fruits or vegetables should be identified in the Standard Operating Procedures (SOP's) submitted with the application for permit to operate.

6. Can a MEHKO add cannabis, CBD, or Kava to a food product as part of their operation?

No, only approved food additives may be used as an ingredient in food preparation. At this time, cannabis, CBD, and Kava have not been approved as food additives by the Food and Drug Administration.

7. **Can a MEHKO donate food?**
A MEHKO may donate food to a food bank or to any other nonprofit charitable organization as long as food has been handled in compliance with the [California Retail Food Code](#) and is donated the same day it is prepared.
8. **Can I keep leftovers to serve the next day?**
No, Leftovers cannot be served the next day as part of the MEHKO operation.
9. **Can a MEHKO package food or beverages?**
A MEHKO may portion food into containers for same day pick up or delivery service.
10. **Are commercial equipment and/or appliances required in a MEHKO?**
No, commercial equipment and/or appliances are not required as long as the equipment/appliances maintain clean and are in good working order.
11. **Are there any special requirements regarding a private residential water well?**
Yes, only potable water from a properly constructed and maintained onsite well or municipal water system can be used. The water source will be identified and evaluated as part of the permitting process.
12. **Can a MEHKO operate an open-air barbecue or an outdoor wood-burning oven?**
Yes, a MEHKO may operate an open-air barbecue or an outdoor wood-burning oven as long as the barbecue or oven is operated on the same premises as a MEHKO, is separated from public access, and meets the requirements of [California Retail Food Code Section 114143](#).
13. **Are restrooms required to be available for MEHKO customers?**
Yes, clean restrooms, in good condition, shall be available for employees at all times and for consumers when there is onsite consumption.
14. **Can alcoholic beverages be served or sold from a MEHKO?**
Contact the California Department of Alcoholic Beverage Control at abc.ca.gov.

Employees/Recordkeeping

1. **What is the definition of a food employee?**
A food employee is an employee who works with food, food equipment or utensils, or food contact surfaces. For more information about California Labor Laws visit the [Labor Commissioner's webpage](#).
2. **Are family or household members considered food employees?**
No, family members and household members are not considered food employees of a MEHKO. Family members participating in food preparation and/or delivery must obtain a California Food Handler card.
3. **What are the limitations for a MEHKO to hire food employees?**
A MEHKO may have no more than one (1) full time equivalent food employee that is not a family member or living in the household.
4. **What certificates are required to operate a MEHKO?**
The operator of the MEHKO shall successfully pass an approved and accredited food safety examination by the American National Standards Institute as meeting the requirements of the Conference for Food Protection's Standards for Accreditation of Food Protection Manager Certification Programs and any individual, other than the operator, who is involved with the preparation, storage, or service of food in a

MEHKO shall obtain an approved food handler card. A food employee that has a valid food safety manager certificate is not required to obtain a food handler card. For more information visit Environmental Health's [Food Safety Manager Certification page](#).

5. What are the sales limitations of a MEHKO?

The MEHKO shall have no more than one hundred thousand (\$100,000) in verifiable (e.g. invoices) gross annual sales. Records of all sales must be kept so that compliance with this limitation can be verified. A MEHKO may prepare a maximum of 30 meals per day and 90 meals per week.


6. What records are required to be maintained for review by EH?

The MEHKO shall maintain the following documents onsite for review during an inspection:

- Written standard operating procedures that include a menu, and hours of operation.
- The permit to operate, or an accurate copy, shall be displayed onsite at all times when the MEHKO is in operation.
- Valid certificate of the food safety manager certification for the operator and a valid food handler card(s) or food safety manager certification for any food employees.
- A copy of the valid driver's license of a person delivering food on behalf of the MEHKO.
- A copy of the most recent inspection report.
- Copies of the MEHKO financial records as it relates to the gross annual sales.

7. What if I want to change my menu after I have obtained a permit as a MEHKO?

If the proposed menu change requires new equipment or additional food storage capacity, an updated SOP may be required by EH. Contact EH to determine what may be required before changing the menu.



If you have any questions that have not been answered in these FAQs, or if additional clarification is needed, please contact Sonoma County Environmental Health (707) 565- 6565 or email EH@sonoma-county.org .