



# Medication Assisted Treatment Specialty Clinic

September 23, 2024

# Who Are We?

- The MAT Specialty Clinic provides specialty medical care in conjunction with a patient's primary medical care
- We serve individuals with Medi-cal, on a sliding scale and private health insurance
- We provide integrated health care

# Integrated Health Care

- Multidisciplinary Approach
- Includes medical, behavioral health, SUD counseling and complex case management.
- Emphasis on patient centered and driven treatment
- Improved outcomes when addressing the entirety of their well-being.

# Whole Person Engagement

- 1. Medication management, primary medical care, pain, Depression, anxiety, sleep and nutrition**
- 2. SUD counseling, psycho-social education, relapse prevention planning, community referral, case management, behavioral health intervention**

# Treatment and Medication

Opioid Use Disorder- Buprenorphine,  
Naltrexone

Alcohol Use Disorder- Naltrexone  
Acamprosate, Outpatient withdrawal  
management

Stimulant Use Disorder- Naltrexone, Anti  
depressant medication (Wellbutrin)

# Visit Structure

What happens in a visit....

1. Meet with a medical assistant and obtain vitals
2. Meet with an SUD case manager
3. Meet with medical provider
4. Optional: Meet with a behavioral health specialist
5. Meet with SUD case manager for visit summary and follow up

# Harm Reduction

1. Patient driven treatment planning and care
2. Trauma informed communication and care
3. Syringes
4. NARCAN
5. Fentanyl Test Strips

# Outreach: Meeting Patients in the Community

1. Community Shelters and Street Medicine
2. Hospital Collaboration
3. MADF Discharge Collaboration
4. Juvenile Hall



# Specialty Care

1. Chronic Pain
2. Perinatal Services
3. Bicultural and bilingual staff and curriculum
4. Behavioral health consult
5. HIV and HEP C care

# Lowering Barriers

1. 8 Clinics, 6 days per week
2. AM, afternoon and evening clinics
3. Bilingual spanish staff
4. Direct access to case management team
5. Transportation options
6. Support for signing up for Medi-cal

# Referrals

- **Fabiola Garcia- Care Coordinator**
- Cell Phone: 707- 978-1067
- **Nicholle Haber- SUD Case Manager- Shelter Outreach**
- Cell Phone: 707-657-9965
- **Paola Ruiz Mora- SUD Case Manager- Bi Lingual Spanish**
- Cell Phone: 707-867-8578
- **Mariana Monreal- SUD Case Manager- Hospital Liaison -Bi Lingual Spanish**
- Cell Phone: 707-483-3513
- **Erick Hill- SUD Services Manager- Vista**
- Cell Phone: 707-867-8690

# Questions?

**Thank You!**