

Buckelew Orenda Center Intake Process for Sonoma County This is for withdrawal management only.

General Information Orenda Center: The Orenda Center is a licensed 27 bed, co-ed withdrawal management level 3.2 only program.

Withdrawal management Level 3.2 refers to a type of care in substance use disorder treatment that provides residential services specifically designed for patients who require moderate levels of medical monitoring and support during withdrawal. Key characteristics of Level 3.2 withdrawal management:

- 1. **Residential Setting:** Patients stay in a non-hospital, 24-hour residential facility that provides a safe and supportive environment for withdrawal.
- 2. **Moderate Medical Monitoring:** This level is intended for individuals who need close monitoring due to the potential for moderate withdrawal symptoms that could require medication and supportive care but do not need the intensity of a hospital setting.
- 3. **Staffing:** The facility has a LPHA (Licensed Professional of the Healing Arts) via telehealth who works with non-medical professionals to confirm medical necessity. Staff are trained AOD counselors and behavioral health professionals who can manage withdrawal symptoms, monitor self-administration of medications, and respond to medical emergencies and provide emotional support and counseling.
- 4. Length of Stay: The duration of treatment in Level 3.2 can vary based on the individual's needs and the severity of their withdrawal symptoms, typically lasting 3-5 days to a week.
- 5. **Goal:** The primary objective is to safely manage withdrawal symptoms and prepare the patient for ongoing treatment, whether that is at a lower level of care (such as outpatient treatment) or a higher level, depending on the individual's progress and needs.

This level is designed for individuals who are at risk of withdrawal complications but do not require hospitalization or intensive medical care.

Referral Process:

This referral process is for Orenda Center only. All Sonoma County residents should be referred to Orenda Center as a priority. Orenda will have 10 beds available at no cost for Sonoma County residents. Orenda will have one two sobering beds in addition to the ten WM beds available for a 4-6 hour stay. New intakes are completed between 7am and 11pm daily.

How to Prepare: Clients will need a medical clearance. COVID testing will be done at Orenda. Clients will have limited space for belongings. A small storage bin will be provided and locked in a storage area. Please ensure clients are prepared and understand the limitations of the facility. Orenda Center will facilitate detox from benzos. if clients are already prescribed benzos by a treating prescriber or if for withdrawal management, they can access services taking medication as prescribed. Clients coming in with all current and up to date prescriptions will also be able to continue those medications. Medications



will be counted at intake to ensure misuse has not occurred. Clients in a sobering bed will have between 4-6 hours. If a client in a sobering bed transfers to WM, they will need to obtain a medical clearance.

Step One: Sonoma County Provider or resident will need to call Orenda Center at 707-565-7460 to complete a screening and ensure a bed is available.

Step Two: All clients must complete a 5-to-10-minute brief pre-screen with (this is done 24/7).

Step Three Intake Documentation Required for:

- □ After screening by WM staff, clients will be referred for medical clearance which should indicate that they can safely detox. Clearance would be obtained through EDs, Hospitals, and FQHCs/Health Centers.
 - Please include detailed notes indicating safe to discharge, what services provided at hospital and clear medical indication that client is safe to discharge into withdrawal management.
- □ Medication:
 - For alcohol withdrawal, blood pressure meds and others that will have negative health consequences, clients need to agree to take these medications while at Detox. If Client comes in with psych meds, they will be allowed to continue medication. Every medication must have a medication order to know how to take the medication.
 - Prescribing physicians: We accept medication for withdrawal with the understanding that it is for the detox process only and will be locked and monitored. Clients will not be discharged or released with WM medication. All WM medication will be picked up by Orenda staff and will be disposed of with locked disposal system at the facility at discharge.
 - Support medication can be sent to Rite Aid Pharmacy on Farmers Lane: 707-544-4050 or Creekside Pharmacy in Santa Rosa. Staff will support pick up. Creekside: 707-525-1130
 - Please note referring providers and self-referred clients need to confirm medication that is sent are paid for. This is to ensure clients can stay at Orenda for withdrawal management and have all their life sustaining medications.
- Clients will need to have a negative COVID-19 test result antigen tests are valid. Clients can obtain rapid COVID-19 test through FQHCs (Health Center), hospitals, mobile crisis, and CSU. Test results need to be current within a 24-hour period. Orenda will also facilitate an antigen test.

Step Four: Clients at Orenda Center will be provided with a small bin and have a locker to store minimal belongings. Clients will not be able to bring a lot with them including **no** linens or pillows, tents, etc. will be accepted.

Step Five: Transportation

□ Transportation to obtain medical clearance can be arranged by client as well as community-based organizations, health centers, hospitals, law enforcement and crisis teams can support drop off as determined by the team referring to detox.



- □ After clients obtain medical clearance, transportation must be and will only be accepted by Orenda staff.
- □ Clients moving from sobering bed to WM who need a medical clearance will be provided transportation. Staff will be responsible for warm hand off that will include the medical clearance documentation.

Law Enforcement Intake Process: Orenda requires medical clearance prior to drop off unless they are utilizing the sobering beds. Law enforcement should call 707-565-7460 to ensure a sobering bed is available prior to drop off.

Contact Information for Those Supporting Community Workflow

Orenda Center: 707-565-7460 orendacenter@buckelew.org

Kari Kenyon Assistant Program Director 707-687-8993

Viviana Dibello SUD Navigator (c)707-787-6680 (e) <u>vivianad@buckelew.org</u>

Julia Keefer inRESPONSE Hospital Navigator cell: (707) 790-9753 | JuliaK@buckelew.org

Sylvie V De La Cruz (she/her/hers) Program Director, Athena House/Hope Village (c) 707-909-0168 (e)sylvied@buckelew.org

Katie "KT" Swan Program Director: inRESPONSE & Family Service Coordination Program (They/Them) (c) 707-583-5284 (f) 707-571-5531 (e) <u>KT.S@Buckelew.org</u>

Erika Klohe (she/her/hers), MSW LCSW #108533 Regional Director Sonoma/Napa (c) 707-780-7239 (e) <u>erikak@buckelew.org</u>