#### COUNTY OF SONOMA - JOB DEMANDS ANALYSIS

JOB CLASSIFICATION: Secretary DATE COMPLETED: 1/18/19

DEPARTMENT: Northern Sonoma County Air Pollution Control District (NSCAPCD)

DIVISION: NA

PHYSICAL DEMAND STRENGTH RATING: Light

#### **INSTRUCTIONS TO MEDICAL PROVIDERS COMPLETING THIS FORM:**

Please use the "Medical Provider Use Only" columns to the right of each section and the "Medical Provider's Comments & Signature" Section on the signature page to provide work restrictions by indicating whether the \*re is some portion of each function that the employee can perform; designating whether each restriction is temporary or permanent; and, if restriction is temporary, stipulating the expected duration of work restriction(s). To finalize the form, please provide the name of the employee evaluated and additional comments, as appropriate, then sign and date where indicated.

#### **FREQUENCY RATING:**

| Frequency              | Percentage of time per shift | Repetition (#<br>times per shift) | 8 Hr Shift | 9 Hr Shift | 10 Hr Shift | 12 Hr Shift |
|------------------------|------------------------------|-----------------------------------|------------|------------|-------------|-------------|
| Never/Not Required (N) | n/a                          | n/a                               | n/a        | n/a        | n/a         | n/a         |
| Occasionally (O)       | 1 - 33%                      | 1 – 100                           | 0 - 2.5    | 0 - 3      | 0 - 3.5     | 0 – 4       |
| Frequently (F)         | 34 - 66%                     | 100 – 500                         | 2.5 - 5.5  | 3 - 6      | 3.5 - 7     | 4 – 8       |
| Continuously (C)       | 67 - 100%                    | 500+                              | 5.5 – 8    | 6 - 9      | 7 - 10      | 8 - 12      |

#### **PART 1 - JOB DUTIES/FUNCTIONS:**

| A. Job Duty/Function   | B. Job | C. Freq | D. Equipment or    | E. Specialized          | F. Essential or | Medical Provider Use Only: For   |
|--|--------|---------|--------------------|-------------------------|-----------------|----------------------------------|
|  | Duty   | Rating  | tools used to      | Expertise, License,     | Non- Essential  | each job duty/function, indicate |
|  | #      |         | perform (Describe) | Certification Required? |                 | in this column "Can Perform", is |
|  |        |         |                    | (Describe)              |                 | "Temporarily Restricted" from    |
|  |        |         |                    |                         |                 | performing, or is "Permanently   |
|  |        |         |                    |                         |                 | Restricted" from performing.     |
| While performing the following duties, employees in this position      |        |         |                    |                         |                 |                                  |
| work in a typical office setting, sitting for long periods of time and |        |         |                    |                         |                 |                                  |
| routinely using office equipment such as computers, phones,            |        |         |                    |                         |                 |                                  |
| photocopiers, fax machines, etc. Employees in this position also       |        |         |                    |                         |                 |                                  |
| provide support for various internal and external meetings             |        |         |                    |                         |                 |                                  |
| including preparing meeting materials, transporting supplies,          |        |         |                    |                         |                 |                                  |
| setting up meeting rooms, and taking minutes at a board                |        |         |                    |                         |                 |                                  |
| meeting.   |        |         |                    |                         |                 |                                  |

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|  |        |         |                    | (Describe)              |                 | "Temporarily Restricted" from    |
|  |        |         |                    |                         |                 | performing, or is "Permanently   |
|  |        |         |                    |                         |                 | Restricted" from performing.     |
| Communicates by phone, in person, or by email or other written     | 1      | F       | Computer, Phone    |                         | Essential       |                                  |
| format with departmental staff, members of the public, and         |        |         |                    |                         |                 |                                  |
| public and private agencies; explains regulations, policies and    |        |         |                    |                         |                 |                                  |
| procedures; provides forms and other materials; assists in the     |        |         |                    |                         |                 |                                  |
| proper completion of forms; asks questions of caller to screen and |        |         |                    |                         |                 |                                  |
| route telephone calls and messages; directs and announces          |        |         |                    |                         |                 |                                  |
| visitors; maintains a calm and professional demeanor when          |        |         |                    |                         |                 |                                  |
| dealing with emotionally distraught, verbally abusive, or          |        |         |                    |                         |                 |                                  |
| confrontational customers.   |        |         |                    |                         |                 |                                  |
| Prepares and processes a variety of materials such as letters,     | 2      | F       | Computer, Phone    |                         | Essential       |                                  |
| reports, memos, and forms; reviews and revises templates and       |        |         |                    |                         |                 |                                  |
| forms as needed to ensure compliance with changing                 |        |         |                    |                         |                 |                                  |
| requirements and to maximize efficiencies.                         |        |         |                    |                         |                 |                                  |
| Develop and electronically distribute announcements and            | 3      | 0       | Computer, Phone    |                         | Essential       |                                  |
| information, and develop, produce, reproduce, publish and          |        |         |                    |                         |                 |                                  |
| electronically distribute materials and handouts; collate/organize |        |         |                    |                         |                 |                                  |
| copies, and place materials into binders.                          |        |         |                    |                         |                 |                                  |
| Coordinates events with County and third-parties including         | 4      | 0       | Computer, Phone    |                         | Essential       |                                  |
| scheduling of rooms and attendees, confirming receipt of meeting   |        |         |                    |                         |                 |                                  |
| materials and equipment, and ensuring rooms are set-up             |        |         |                    |                         |                 |                                  |
| appropriately.   |        |         |                    |                         |                 |                                  |
| Handles routine matters for Director.                              | 5      | F       | Computer, Phone    |                         | Essential       |                                  |

**PART 2: PHYSICAL DEMANDS** 

|                                     | Examples of        | FREQUENCY RATING      |         | PROVIDER    | USE ONLY:   |
|-------------------------------------|--------------------|-----------------------|---------|-------------|-------------|
| Activity                            | Duties/Functions   | Never, Occasional;    | Can     | Temporarily | Permanently |
| 1 Citting                           | Requiring Activity | Frequent, or Constant | Perform | Restricted  | Restricted  |
| 1 Sitting                           | 1, 2, 3, 4, 5      | F                     |         |             |             |
| 2 Walking                           | 1, 2, 3, 4, 5      | 0                     |         |             |             |
| 3 Running                           | N/A                | N                     |         |             |             |
| 4 Standing                          | 1, 2, 3, 4, 5      | 0                     |         |             |             |
| 5 Bending-Neck                      | 1, 2, 3, 4, 5      | F                     |         |             |             |
| 6 Bending-Waist                     | 1, 2, 3, 4, 5      | F                     |         |             |             |
| 7 Squatting                         | 1, 2, 3, 4, 5      | 0                     |         |             |             |
| 8 Climbing                          | 1, 2, 3, 4, 5      | 0                     |         |             |             |
| 9 Kneeling                          | 1, 2, 3, 4, 5      | 0                     |         |             |             |
| 10 Crawling                         | 1, 2, 3, 4, 5      | 0                     |         |             |             |
| 11 Twisting (neck)                  | 1, 2, 3, 4, 5      | F                     |         |             |             |
| 12 Twisting (waist)                 | 1, 2, 3, 4, 5      | 0                     |         |             |             |
| 13 Repetitive Hand Use              | 1, 2, 3, 4, 5      | С                     |         |             |             |
| 14 Simple Grasping-Right Hand       | 1, 2, 3, 4, 5      | 0                     |         |             |             |
| 15 Simple Grasping-Left Hand        | 1, 2, 3, 4, 5      | 0                     |         |             |             |
| 16 Power Grasping-Right Hand        | 1, 2, 3, 4, 5      | 0                     |         |             |             |
| 17 Power Grasping-Left Hand         | 1, 2, 3, 4, 5      | 0                     |         |             |             |
| 18 Fine Manipulation-Right Hand     | 1, 2, 3, 4, 5      | 0                     |         |             |             |
| 19 Fine Manipulation-Left Hand      | 1, 2, 3, 4, 5      | 0                     |         |             |             |
| 20 Pushing and Pulling (right hand) | 1, 2, 3, 4, 5      | 0                     |         |             |             |
| 21 Pushing and Pulling (left hand)  | 1, 2, 3, 4, 5      | 0                     |         |             |             |
| 22 Reaching (above shoulder level)  | 1, 2, 3, 4, 5      | 0                     |         |             |             |
| 23 Reaching (below shoulder level)  | 1, 2, 3, 4, 5      | 0                     |         |             |             |
| 24 Lifting-up to 10 lbs.            | 1, 2, 3, 4, 5      | 0                     |         |             |             |
| 25 Lifting-11-25 lbs.               | 1, 2, 3, 4, 5      | 0                     |         |             |             |
| 26 Lifting-26-50 lbs.               | N/A                | N                     |         |             |             |
| 27 Lifting 51-75 lbs.               | N/A                | N                     |         |             |             |
| 28 Lifting 76-100 lbs.              | N/A                | N                     |         |             |             |
| 29 Lifting 100 + lbs.               | N/A                | N                     |         |             |             |
| 30 Carrying 0-10 lbs.               | 1, 2, 3, 4, 5      | 0                     |         |             |             |
| 31 Carrying 11-25 lbs.              | 1, 2, 3, 4, 5      | 0                     |         |             |             |
| 32 Carrying 26-50 lbs.              | N/A                | N                     |         |             |             |
| 33 Carrying 51-75 lbs.              | N/A                | N                     |         |             |             |
| 34 Carrying 76-100 lbs.             | N/A                | N                     |         |             |             |

## PART 3: SENSORY REQUIREMENTS

|  | Examples of        | FREQUENCY RATING      | MEDICAL | PROVIDER    | USE ONLY    |
|--|--------------------|-----------------------|---------|-------------|-------------|
|  | Duties/Functions   | Never, Occasional;    | Can     | Temporarily | Permanently |
| Activity                                       | Requiring Activity | Frequent, or Constant | Perform | Restricted  | Restricted  |
| 1 Functional vision, normal or corrected       | 1, 2, 3, 4, 5      | С                     |         |             |             |
| 2 Functional color vision, normal or corrected | N/A                | N                     |         |             |             |
| 3 Functional night vision, normal or corrected | 1, 2, 3, 4, 5      | 0                     |         |             |             |
| 4 Functional hearing, normal or corrected      | 1, 2, 3, 4, 5      | С                     |         |             |             |
| 5 A sense of smell or taste                    | N/A                | N                     |         |             |             |

#### **PART 4: COMPREHENSION LEVEL**

|                                     | FREQUENCY RATING      | MEDICAL | PROVIDER    | USE ONLY    |
|-------------------------------------|-----------------------|---------|-------------|-------------|
|                                     | Never, Occasional;    | Can     | Temporarily | Permanently |
| Activity                            | Frequent, or Constant | Perform | Restricted  | Restricted  |
| 1 Follow Oral Instructions          | Frequent              |         |             |             |
| 2 Follow Written Instructions       | Frequent              |         |             |             |
| 3 Required to sustain concentration | Constant              |         |             |             |

### **PART 5: NATURE OF TASKS**

|  | FREQUENCY RATING      | MEDICAL | PROVIDER    | USE ONLY    |
|--|-----------------------|---------|-------------|-------------|
|  | Never, Occasional;    | Can     | Temporarily | Permanently |
| Activity   | Frequent, or Constant | Perform | Restricted  | Restricted  |
| 1 Follow set procedures  | Frequent              |         |             |             |
| 2 Organize own work  | Frequent              |         |             |             |
| 3 Able to ask questions or request assistance when needed      | Occasional            |         |             |             |
| 4 Required to make decisions independently                     | Occasional            |         |             |             |
| 5 Required to train and/or lead other staff                    | Occasional            |         |             |             |
| 6 Required to direct other staff (e.g. planning, goal setting, | Never                 |         |             |             |
| performance)   |                       |         |             |             |

### **PART 6: WORK PACE**

|  | FREQUENCY RATING      | MEDICAL | PROVIDER    | USE ONLY    |
|--|-----------------------|---------|-------------|-------------|
|  | Never, Occasional;    | Can     | Temporarily | Permanently |
| Activity   | Frequent, or Constant | Perform | Restricted  | Restricted  |
| 1 Tightly scheduled and rapid pace of work activities at | Frequent              |         |             |             |
| high volume  |                       |         |             |             |
| 2 Meet time sensitive deadlines                          | Frequent              |         |             |             |
| 3 Long and/or irregular hours                            | Occasional            |         |             |             |
| 4 Limited/unpredictable opportunity for breaks           | Occasional            |         |             |             |
| 5 Required to perform on-call or emergency work          | Never                 |         |             |             |

## **PART 7: COMPLEXITY/VARIABILITY**

|  | FREQUENCY RATING      | MEDICAL | PROVIDER    | USE ONLY    |
|--|-----------------------|---------|-------------|-------------|
|  | Never, Occasional;    | Can     | Temporarily | Permanently |
| Activity   | Frequent, or Constant | Perform | Restricted  | Restricted  |
| 1 Variable and unpredictable workflow                          | Frequent              |         |             |             |
| 2 Attention divided by issues requiring multi-tasking          | Frequent              |         |             |             |
| 3 Work requires precise attention to detail                    | Constant              |         |             |             |
| 4 Use of judgment in routine matters                           | Constant              |         |             |             |
| 5 Requires use of judgment in adapting procedures from one     | Occasional            |         |             |             |
| task to another  |                       |         |             |             |
| 6 Possible legal ramifications associated with work activities | Occasional            |         |             |             |
| or work product  |                       |         |             |             |

### **PART 8: INTERACTIONS WITH OTHERS**

|   | FREQUENCY RATING      | MEDICAL | PROVIDER    | USE ONLY    |
|---|-----------------------|---------|-------------|-------------|
|   | Never, Occasional;    | Can     | Temporarily | Permanently |
| Activity  | Frequent, or Constant | Perform | Restricted  | Restricted  |
| 1 Works with others (e.g., co-workers, other                  | Constant              |         |             |             |
| departments/agencies, public)                                 |                       |         |             |             |
| 2 Interactions limited to giving/receiving information        | Frequent              |         |             |             |
| 3 Interactions exceed giving/receiving information (e.g.,     | Frequent              |         |             |             |
| advises, persuades, justifies)                                |                       |         |             |             |
| 4 Interactions occur under circumstances of emotional stress  | Occasional            |         |             |             |
| 5 Risk of confrontation with violent or assaultive clients or | Never                 |         |             |             |
| customers   |                       |         |             |             |

## PART 9: ENVIRONMENTAL FACTORS/WORKING CONDITIONS:

| RRT 9: ENVIRONMENTAL FACTORS/ WORKING CONDITIONS:                    | FREQUENCY RATING      | MEDICAL | PROVIDER    | USE ONLY    |
|--|-----------------------|---------|-------------|-------------|
|  | Never, Occasional;    | Can     | Temporarily | Permanently |
| Activity   | Frequent, or Constant | Perform | Restricted  | Restricted  |
| 1 Work Inside  | Constant              |         |             |             |
| 2 Work Outside   | Never                 |         |             |             |
| 3 Extreme Heat (above 100 degrees)                                   | Never                 |         |             |             |
| 4 Extreme Cold (below 32 degrees)                                    | Never                 |         |             |             |
| 5 Excessive Noise (must raise voice to be heard)                     | Never                 |         |             |             |
| 6 Vibration (e.g., jack hammer, hammer drill, chainsaw, etc.)        | Never                 |         |             |             |
| 7 Dust, Vapors, Fumes, Smoke   | Never                 |         |             |             |
| 8 Silica, asbestos, etc.   | Never                 |         |             |             |
| 9 Solvents (e.g., gas, turpentine, etc.)                             | Never                 |         |             |             |
| 10 Grease, oils  | Never                 |         |             |             |
| 11 Acidic, Caustic Solutions   | Never                 |         |             |             |
| 12 Pesticides  | Never                 |         |             |             |
| 13 Explosives (e.g., dynamite, bomb, etc.)                           | Never                 |         |             |             |
| 14 Cleaning supplies, abrasives                                      | Occasional            |         |             |             |
| 15 Other Chemicals (e.g. drugs and other contraband)                 | Never                 |         |             |             |
| 16 Human Blood, Body Tissues, or Fluids                              | Never                 |         |             |             |
| 17 Human Wastes  | Never                 |         |             |             |
| 18 Animal Blood, Body Tissues, or Fluids                             | Never                 |         |             |             |
| 19 Animal Wastes   | Never                 |         |             |             |
| 20 Biological Toxins (e.g., poison ivy, poison oak, anthrax, etc.)   | Never                 |         |             |             |
| 21 Insect Bites (e.g., ticks, mosquitos, spiders, etc.)              | Never                 |         |             |             |
| 22 Biomedical Waste  | Never                 |         |             |             |
| 23 Ionizing Radiation  | Never                 |         |             |             |
| 24 Non-lonizing Radiation  | Never                 |         |             |             |
| 25 Electrical Energy   | Never                 |         |             |             |
| 26 Walking on uneven, slippery, or rough surfaces                    | Never                 |         |             |             |
| 27 Proximity to moving mechanical parts (e.g., equipment,            | Never                 |         |             |             |
| machinery)   |                       |         |             |             |
| 28 Proximity to moving vehicles or objects                           | Never                 |         |             |             |
| 29 Heights (e.g., rooftop, ladders, scaffolding, etc.)               | Never                 |         |             |             |
| 30 Contact with water, other liquids, humid conditions - not         | Never                 |         |             |             |
| weather related  |                       |         |             |             |
| 31 Work Below Ground: (e.g., excavation, trench, etc.)               | Never                 |         |             |             |
| 32 Potential exposure to airborne infectious diseases (e.g. clinics, | Never                 |         |             |             |
| labs, corrections)   |                       |         |             |             |
| 33 Operates non-commercial motor vehicles (cars, trucks)             | Never                 |         |             |             |
| 34 Operates commercial vehicles – CDL                                | Never                 |         |             |             |
| ClassEndorsements  |                       |         |             |             |
| 35 Operates passenger van to transport clients, inmates, etc.        | Never                 |         |             |             |
| 36 Pulls non-commercial trailers or equipment                        | Never                 |         |             |             |
| 37 Operates heavy equipment  | Never                 |         |             |             |
| 38 Other:  | Never                 |         |             |             |

## PART 10: MEDICAL SCREENING, SURVEILLANCE AND VACCINATION REQUIREMENTS:

Please check each of the medical screening, surveillance, and vaccination requirements that apply to the position, and indicate if the requirement applies pre-employment/pre-placement only, or whether there are additional requirements after hire.

|  |          |           | Frequency (one time, |
|--|----------|-----------|----------------------|
| Medical Screening, Surveillance or Vaccination     | Pre-Hire | Post-Hire | annual, etc.)        |
| 1 Audiometric Testing                              |          |           |                      |
| 2 DOT Commercial Driver Drug and Alcohol Screening |          |           |                      |
| 3 DOT Commercial Driver Physical Exam              |          |           |                      |
| 4 Respirator Physical Exam                         |          |           |                      |
| 5 Respirator Questionnaire – Short                 |          |           |                      |
| 6 Respirator Questionnaire – Standard              |          |           |                      |
| 7 Blood lead level                                 |          |           |                      |
| 8 Hazardous Waste/Emergency Worker physical        |          |           |                      |
| 9 Heavy metal screen (mercury, lead, arsenic)      |          |           |                      |
| 10 HINT Hearing Noise Sensitivity Testing          |          |           |                      |
| 11 Tuberculosis skin test                          |          |           |                      |
| 12 Vaccine: MMR                                    |          |           |                      |
| 13 Vaccine: Hepatitis B                            |          |           |                      |
| 14 Vaccine: Influenza                              |          |           |                      |
| 15 Vaccine: Meningococcal                          |          |           |                      |
| 16 Vaccine: Pneumococcal                           |          |           |                      |
| 17 Vaccine: Rabies                                 |          |           |                      |
| 18 Vaccine: Rabies Titer                           |          |           |                      |
| 19 Vaccine: Tdap                                   |          |           |                      |
| 20 Vaccine: Chickenpox                             |          |           |                      |

PART 11: ADDITIONAL INFORMATION, PICTURES, ETC.

#### **PART 12 – FORM REVIEW AND SIGNATURES**

# OCCUPATIONAL HEALTH CONSULTANTS Name: \_\_\_\_\_\_ Title: \_\_\_\_\_ Signature: Date: SUPERVISOR/SECTION MANAGER Name: \_\_\_\_\_\_\_Title: \_\_\_\_\_\_ Signature: \_\_\_\_\_\_ Date: \_\_\_\_\_ **HUMAN RESOURCES RECRUITMENT AND CLASSIFICATION** Name: \_\_\_\_\_\_ Title: \_\_\_\_\_ Signature: \_\_\_\_\_\_ Date: \_\_\_\_\_ **HUMAN RESOURCES SAFETY UNIT** Name: \_\_\_\_\_\_ Title: \_\_\_\_\_ Signature: Date: **HUMAN RESOURCES DISABILITY MANAGEMENT** Name: \_\_\_\_\_\_ Title: \_\_\_\_\_ Signature: \_\_\_\_\_\_ Date: \_\_\_\_\_ PART 13 – MEDICAL PROVIDER REVIEW AND COMMENTS Employee Name: \_\_\_\_\_ Date of Evaluation: \_\_\_\_\_ COMMENTS:

Provider Signature: \_\_\_\_\_\_ Date: \_\_\_\_\_