COUNTY OF SONOMA - JOB DEMANDS ANALYSIS

JOB CLASSIFICATION: Park Program Assistant DEPARTMENT: Regional Parks PHYSICAL DEMAND STRENGTH RATING: Sedentary/Light

DATE COMPLETED: April 2019 DIVISION: Community Engagement

INSTRUCTIONS TO MEDICAL PROVIDERS COMPLETING THIS FORM:

Please use the "Medical Provider Use Only" columns to the right of each section and the "Medical Provider's Comments & Signature" Section on the signature page to provide work restrictions by indicating whether the*re is some portion of each function that the employee can perform; designating whether each restriction is temporary or permanent; and, if restriction is temporary, stipulating the expected duration of work restriction(s). To finalize the form, please provide the name of the employee evaluated and additional comments, as appropriate, then sign and date where indicated.

FREQUENCY RATING:

Frequency	Percentage of time per shift	Repetition (# times per shift)	8 Hr Shift	9 Hr Shift	10 Hr Shift	12 Hr Shift
Never/Not Required (N)	n/a	n/a	n/a	n/a	n/a	n/a
Occasionally (O)	1 - 33%	1 - 100	0 - 2.5	0 - 3	0 - 3.5	0-4
Frequently (F)	34 - 66%	100 - 500	2.5 - 5.5	3 - 6	3.5 - 7	4 – 8
Continuously (C)	67 - 100%	500+	5.5 – 8	6 - 9	7 - 10	8 - 12

PART 1 - JOB DUTIES/FUNCTIONS:

A. Job Duty/Function		Rating	D. Equipment or tools used to perform (Describe)	E. Specialized Expertise, License, Certification Required? (Describe)	Non- Essential	Medical Provider Use Only: For each job duty/function, indicate in this column "Can Perform", is "Temporarily Restricted" from performing, or is "Permanently Restricted" from performing.
While performing the following duties, employees in this position work outdoors in all types of terrain, vegetation, and weather conditions; hikes, walks, and move over uneven, steep, and/or slippery terrain to avoid injury.						
Assist in planning environmental education/outreach programs: researches other programs and best practices; determines components of programs; ensures program activities are conducted in accordance with the department' mission and policies; assist with evaluating program outcomes.	1	с	Computers, books, maps, smartphones	n/a	Essential	
Communicates extensively by phone, email, or in person with other departmental staff and members of the public to coordinate activities, answer questions, and provide information; conducts presentations and tours at fairs, community events, and other locations to provide information on programs and activities; carries bins weighing up to 25 pounds; pushes carts weighing up		F	Phones, computers, carts, dollies, County car or van	Appropriate driver's license	Essential	

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A. Job Duty/Function		Rating	tools used to perform (Describe)		Non- Essential	Medical Provider Use Only: For each job duty/function, indicate in this column "Can Perform", is "Temporarily Restricted" from performing, or is "Permanently Restricted" from performing.
to 40 pounds; speaks effectively and persuasively before diverse groups; works outdoors in varying weather conditions. Maintains a courteous demeanor.						nestreteu nom performing.
Assist in delivering educational and teaching activities to youth and elementary school classes; informs about natural resources in parks; stands and walks continuously.	3	F	tools, first aid kit	First Aid Certification at assignment appropriate level.	Essential	
Assists in writing and editing written materials for publication; compiles concise reports, letters, newsletters and other written materials; creates written, video, and audio materials for marketing campaigns; posts information on social media; ensures department messages are consistent	4	0	Computer, camera, smartphone	n/a	Essential	
Enters and retrieves data in computer systems; develops and maintains databases to record and track data.	5	0	Computer	n/a	Essential	
Assist in training and monitoring the work activities of interns, and temporary and extra-help employees; oversees the work of contractors and vendors.	6	0	n/a	n/a	Essential	
Participates in continuous training to maintain required licenses/certifications and to maintain and enhance knowledge and skills required for this position	7	0	Computer	n/a	Essential	
Continuously observes safety practices and procedures; actively utilizes and implements established safety practices; wears appropriate safety gear; reports or corrects unsafe conditions	8	с		First Aid Certification at assignment appropriate level.	Essential	

PART 2: PHYSICAL DEMANDS

	Examples of	FREQUENCY RATING	MEDICAL		USE ONLY:
Activity	Duties/Functions	Never, Occasional;	Can	Temporarily	
1 Citting	Requiring Activity	Frequent, or Constant	Perform	Restricted	Restricted
1 Sitting	1,3,5,6,7	F			
2 Walking	3,4,7	F			
3 Running	4	0			
4 Standing	1,2,3,7	F			
5 Bending-Neck	1,2,3,4,5,6,7	F			
6 Bending-Waist	1,2,3,4,5,6,7	F			
7 Squatting	2,3,7	0			
8 Climbing	2,3	0			
9 Kneeling	2,3,7	0			
10 Crawling	3,7	0			
11 Twisting (neck)	1,2,3,4,5,6,7	F			
12 Twisting (waist)	1,2,3,4,5,6,7	F			
13 Repetitive Hand Use	1,2,4,5	F			
14 Simple Grasping-Right Hand	1,2,3,4,5,6,7	F			
15 Simple Grasping-Left Hand	1,2,3,4,5,6,7	F			
16 Power Grasping-Right Hand	2,3	0			
17 Power Grasping-Left Hand	2,3	0			
18 Fine Manipulation-Right Hand	1,2,3,4,5	F			
19 Fine Manipulation-Left Hand	1,2,3,4,5	F			
20 Pushing and Pulling (right hand)	2,3	0			
21 Pushing and Pulling (left hand)	2,3	0			
22 Reaching (above shoulder level)	1,2,3,6,7	0			
23 Reaching (below shoulder level)	1,2,3,6,7	0			
24 Lifting-up to 10 lbs.	1,2,3,4,8	F			
25 Lifting-11-25 lbs.	1,2,3,4,8	0			
26 Lifting-26-50 lbs.	n/a	N			
27 Lifting 51-75 lbs.	n/a	N			
28 Lifting 76-100 lbs.	n/a	N			
29 Lifting 100 + lbs.	n/a	N			
30 Carrying 0-10 lbs.	1,2,3,4,8	F			
31 Carrying 11-25 lbs.	1,2,3,4,8	0			
32 Carrying 26-50 lbs.	n/a	N			
33 Carrying 51-75 lbs.	n/a	N			
34 Carrying 76-100 lbs.	n/a	N			

PART 3: SENSORY REQUIREMENTS

	Examples of	FREQUENCY RATING	MEDICAL	PROVIDER	USE ONLY
	Duties/Functions	Never, Occasional;	Can	Temporarily	Permanently
Activity	Requiring Activity	Frequent, or Constant	Perform	Restricted	Restricted
1 Functional vision, normal or corrected	1,2,3,4,5,6,7,8	С			
2 Functional color vision, normal or corrected	1,2,3,4,5,6,7,8	F			
3 Functional night vision, normal or corrected	3	0			
4 Functional hearing, normal or corrected	1,2,3,4,6,7,8	С			
5 A sense of smell or taste	n/a	Ν			

PART 4: COMPREHENSION LEVEL

	FREQUENCY RATING	MEDICAL	PROVIDER	USE ONLY
	Never, Occasional;	Can	Temporarily	Permanently
Activity	Frequent, or Constant	Perform	Restricted	Restricted
1 Follow Oral Instructions	С			
2 Follow Written Instructions	С			
3 Required to sustain concentration	С			

PART 5: NATURE OF TASKS

	FREQUENCY RATING	MEDICAL	PROVIDER	USE ONLY
	Never, Occasional;	Can	Temporarily	Permanently
Activity	Frequent, or Constant	Perform	Restricted	Restricted
1 Follow set procedures	С			
2 Organize own work	С			
3 Able to ask questions or request assistance when needed	С			
4 Required to make decisions independently	С			
5 Required to train and/or lead other staff	С			
6 Required to direct other staff (e.g. planning, goal setting,	N			
performance)				

PART 6: WORK PACE

	FREQUENCY RATING	MEDICAL	PROVIDER	USE ONLY
	Never, Occasional;	Can	Temporarily	Permanently
Activity	Frequent, or Constant	Perform	Restricted	Restricted
1 Tightly scheduled and rapid pace of work activities at	0			
high volume				
2 Meet time sensitive deadlines	F			
3 Long and/or irregular hours	F			
4 Limited/unpredictable opportunity for breaks	0			
5 Required to perform on-call or emergency work	0			

PART 7: COMPLEXITY/VARIABILITY

	FREQUENCY RATING	MEDICAL	PROVIDER	USE ONLY
	Never, Occasional;	Can	Temporarily	Permanently
Activity	Frequent, or Constant	Perform	Restricted	Restricted
1 Variable and unpredictable workflow	F			
2 Attention divided by issues requiring multi-tasking	С			
3 Work requires precise attention to detail	F			
4 Use of judgment in routine matters	С			
5 Requires use of judgment in adapting procedures from one	0			
task to another				
6 Possible legal ramifications associated with work activities	F			
or work product				

PART 8: INTERACTIONS WITH OTHERS

	FREQUENCY RATING	MEDICAL	PROVIDER	USE ONLY
	Never, Occasional;	Can	Temporarily	Permanently
Activity	Frequent, or Constant	Perform	Restricted	Restricted
1 Works with others (e.g., co-workers, other	С			
departments/agencies, public)				
2 Interactions limited to giving/receiving information	F			
3 Interactions exceed giving/receiving information (e.g.,	F			
advises, persuades, justifies)				
4 Interactions occur under circumstances of emotional stress	0			
5 Risk of confrontation with violent or assaultive clients or	Ν			
customers				

	Never, Occasional; equent, or Constant F F	Can Perform	Temporarily Restricted	Permanently
1 Work Inside	F	Perform	Restricted	
				Restricted
3 Extreme Heat (above 100 degrees)	0			
4 Extreme Cold (below 32 degrees)	0			
5 Excessive Noise (must raise voice to be heard)	F			
6 Vibration (e.g., jack hammer, hammer drill, chainsaw, etc.)	N			
7 Dust, Vapors, Fumes, Smoke	0			
8 Silica, asbestos, etc.	N			
9 Solvents (e.g., gas, turpentine, etc.)	N			
10 Grease, oils	N			
11 Acidic, Caustic Solutions	N			
12 Pesticides	N			
13 Explosives (e.g., dynamite, bomb, etc.)	N			
14 Cleaning supplies, abrasives	0			
15 Other Chemicals (e.g. drugs and other contraband)	0			
16 Human Blood, Body Tissues, or Fluids	0			
17 Human Wastes	0			
18 Animal Blood, Body Tissues, or Fluids	0			
19 Animal Wastes	0			
20 Biological Toxins (e.g., poison ivy, poison oak, anthrax, etc.)	F			
21 Insect Bites (e.g., ticks, mosquitos, spiders, etc.)	F			
22 Biomedical Waste	0			
23 Ionizing Radiation	Ν			
24 Non-Ionizing Radiation	N			
25 Electrical Energy	N			
26 Walking on uneven, slippery, or rough surfaces	С			
27 Proximity to moving mechanical parts (e.g., equipment,	N			
machinery)				
28 Proximity to moving vehicles or objects	0			
29 Heights (e.g., rooftop, ladders, scaffolding, etc.)	0			
30 Contact with water, other liquids, humid conditions - not	0			
weather related	U			
31 Work Below Ground: (e.g., excavation, trench, etc.)	N			
32 Potential exposure to airborne infectious diseases (e.g. clinics,	N			
labs, corrections)				
33 Operates non-commercial motor vehicles (cars, trucks)	F			
34 Operates commercial vehicles – CDL	N			
Class Endorsements	i v			
35 Operates passenger van to transport clients, inmates, etc.	0			
36 Pulls non-commercial trailers or equipment	0			
37 Operates heavy equipment	Ν			
38 Other:				

PART 9: ENVIRONMENTAL FACTORS/WORKING CONDITIONS:

PART 10: MEDICAL SCREENING, SURVEILLANCE AND VACCINATION REQUIREMENTS:

Please check each of the medical screening, surveillance, and vaccination requirements that apply to the position, and indicate if the requirement applies pre-employment/pre-placement only, or whether there are additional requirements after hire.

			Frequency (one time,
Medical Screening, Surveillance or Vaccination	Pre-Hire	Post-Hire	annual, etc.)
1 Audiometric Testing			
2 DOT Commercial Driver Drug and Alcohol Screening			
3 DOT Commercial Driver Physical Exam			
4 Respirator Physical Exam			
5 Respirator Questionnaire – Short			
6 Respirator Questionnaire – Standard			
7 Blood lead level			
8 Hazardous Waste/Emergency Worker physical			
9 Heavy metal screen (mercury, lead, arsenic)			
10 HINT Hearing Noise Sensitivity Testing			
11 Tuberculosis skin test	Х		
12 Vaccine: MMR			
13 Vaccine: Hepatitis B			
14 Vaccine: Influenza			
15 Vaccine: Meningococcal			
16 Vaccine: Pneumococcal			
17 Vaccine: Rabies			
18 Vaccine: Rabies Titer			
19 Vaccine: Tdap			
20 Vaccine: Chickenpox			

PART 11: ADDITIONAL INFORMATION, PICTURES, ETC.

JOB DEMANDS ANALYSIS Review and Signature Page

PART 12 – FORM REVIEW AND SIGNATURES

SUPERVISOR/SECTION MANAGER				
Name:	_ Title:			
Signature:	_Date:			
HUMAN RESOURCES RECRUITMENT AND CLASSIFICATION				
Name:	_Title:			
Signature:	_Date:			
HUMAN RESOURCES SAFETY UNIT				
Name:	Title:			
Signature:	_Date:			
HUMAN RESOURCES DISABILITY MANAGEMENT				
Name:	_Title:			
Signature:	_Date:			
PART 13 – MEDICAL PROVIDER REVIEW AND COMMENTS				
Employee Name:	Date of Evaluation:			
COMMENTS:				
Provider Signature:	Date:			