COUNTY OF SONOMA - JOB DEMANDS ANALYSIS

JOB CLASSIFICATION: Mail, Materials, and Records Supervisor

DEPARTMENT: Information Systems Department PHYSICAL DEMAND STRENGTH RATING: Medium

DATE COMPLETED: June 2019

DIVISION: Information Management

INSTRUCTIONS TO MEDICAL PROVIDERS COMPLETING THIS FORM:

Please use the "Medical Provider Use Only" columns to the right of each section and the "Medical Provider's Comments & Signature" Section on the signature page to provide work restrictions by indicating whether the *re is some portion of each function that the employee can perform; designating whether each restriction is temporary or permanent; and, if restriction is temporary, stipulating the expected duration of work restriction(s). To finalize the form, please provide the name of the employee evaluated and additional comments, as appropriate, then sign and date where indicated.

FREQUENCY RATING:

Frequency	Percentage of time per shift	Repetition (# times per shift)	8 Hr Shift	9 Hr Shift	10 Hr Shift	12 Hr Shift
Never/Not Required (N)	n/a	n/a	n/a	n/a	n/a	n/a
Occasionally (O)	1 - 33%	1 – 100	0 - 2.5	0 - 3	0 - 3.5	0 – 4
Frequently (F)	34 - 66%	100 – 500	2.5 - 5.5	3 - 6	3.5 - 7	4-8
Continuously (C)	67 - 100%	500+	5.5 – 8	6 - 9	7 - 10	8 - 12

PART 1 - JOB DUTIES/FUNCTIONS:

						1
A. Job Duty/Function	B. Job	C. Freq	D. Equipment or	E. Specialized	F. Essential or	Medical Provider Use Only: For
	Duty	Rating	tools used to	Expertise, License,	Non- Essential	each job duty/function, indicate
	#		perform (Describe)	Certification Required?		in this column "Can Perform", is
				(Describe)		"Temporarily Restricted" from
						performing, or is "Permanently
						Restricted" from performing.
While performing the following duties, employees in this position						
work in an office setting, routinely using office equipment such as						
computers, phones, photocopiers, fax machines, etc., and also						
work in a warehouse setting in proximity to machinery, moving						
parts, and forklifts.						
Directly supervises staff engaged in conducting work assignments:	1	С	Computer; Phone		E	
plans, organizes, and assigns work; orients and trains staff;						
monitors and facilitates staff required continuing education						
requirements and other training; evaluates, reviews, and						
monitors activity of staff, both formally and informally, in writing						
and in person; takes appropriate disciplinary action in conjunction						
with Human Resources staff; participates in hiring interviews and						
decisions; utilizes appropriate discretion in matters of employee						
relations, EEO, and ADA circumstances.						

A. Job Duty/Function	B. Job	C. Frea	D. Equipment or	E. Specialized	F. Essential or	Medical Provider Use Only: For
A. Job Batty/Tanction				•		each job duty/function, indicate
	# '	_		Certification Required?		in this column "Can Perform", is
			, ,	(Describe)		"Temporarily Restricted" from
				,		performing, or is "Permanently
						Restricted" from performing.
Conducts regular safety meetings and continuously enforces	2	F			E	·
safety practices and procedures; observes work being performed						
for compliance with safety practices and procedures and corrects						
unsafe behavior; actively utilizes and implements established						
safety practices; proposes and implements new safety practices						
as needed.						
Uses good judgment and discretion while directing, performing,	3	С	Scales; Shipping	Forklift Certified	E	
or assisting staff in courier duties and records management			Manifest Computer			
activities; retrieves and places records boxes on shelves; loads,			System; Bar-Coder			
and unloads US mail trays, courier mail tubs, UPS packages, and			Reader/Sorter; Fork			
records and data boxes weighing up to 40 pounds; reaches, pulls,			Lift; Hydraulic Lift			
pushes, lifts, carries, climbs, bends and squats; uses lifts, pallet						
jack, hand trucks and carts.						
Rapidly and accurately process all types of postal mail: operates	4	F	Computer; Phone;		E	
mail machines, scales, Shipping Manifest Computer System, and			mail machines;			
Bar-Code Reader/Sorter, and other machinery, to process letters,			scales; Shipping			
flats, postcards, and packages; sorts mail into memorized courier			Manifest Computer			
sorting bins; bends, stoops, reaches, and stands for extended			Systems; Bar-Code			
periods of time.			Reader/Sorter			
Communicates by phone, email, or in person with department	5	0	Computer, phone		E	
managers and staff to provide assistance and advice related to						
records management, courier, and mail services; resolves the						
most complex customer complaints.						
Creates, updates and generates financial and statistical reports	6	О	Computer; Bar-Code		N	
from the postage accounting and records management systems;			reader/sorter,			
performs computer updates and downloads for mail machines,			sorter, UPS shipping			
bar coder-sorter and the UPS shipping system; enters data into			system.			
computer software; maintains electronic and paper records and						
files.						
Maintains and oversees records of supply inventories for mail	7	О	Computer		N	
supplies, Records Center supplies and forms, and bar coder-sorter						
supplies; reorders when necessary; maintains an accurate and up						
to date inventory of Records Center boxes; arranges for						
scheduled removal of obsolete records; supervises staff to pull						
and double check record boxes.		<u> </u>				
Coordinates with Facility Operations and County departments to	8	0	Computer, phone		N	
permit subordinate staff to enter secured areas; coordinates and						

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A. Job Duty/Function	B. Job	C. Freq	D. Equipment or	E. Specialized	F. Essential or	Medical Provider Use Only: For
	Duty	Rating	tools used to	Expertise, License,	Non- Essential	each job duty/function, indicate
	#		perform (Describe)	Certification Required?		in this column "Can Perform", is
				(Describe)		"Temporarily Restricted" from
						performing, or is "Permanently
						Restricted" from performing.
schedules vehicle maintenance with Fleet Operations.						
Drives cargo van or step van on memorized courier routes within	9	0	Cargo Van; step van	CA Driver's License		
established timelines; picks up and delivers mail, parcels and			with hydraulic lift			
records at County departments, outside agencies, and Post Office,						
inspects vehicle and equipment and reports any damage, safety,						
or maintenance issues.						
Conducts regular safety meetings and continuously enforces	10	С	Computer		E	
safety practices and procedures; observes work being performed						
for compliance with safety practices and procedures and corrects						
unsafe behavior; actively utilizes and implements established						
safety practices; proposes and implements new safety practices						
as needed.						

PART 2: PHYSICAL DEMANDS

ART 2: PHYSICAL DEMANDS	F	EDECLIENCY DATING	BAFDICAL	DDO\#DED	LICE ONLY
Activity	Examples of Duties/Functions	FREQUENCY RATING Never, Occasional;	MEDICAL Can	PROVIDER Temporarily	USE ONLY: Permanently
Activity	Requiring Activity	Frequent, or Constant	Perform	Restricted	Restricted
1 Sitting (i.e., using computer; operating fork lift;	1,3,4,5,6,7,8,9,	·		restricted	Restricted
driving)	10	0			
2 Walking (i.e., supervising staff; retrieving and	_				
placing boxes on shelves; loading and unloading					
mail trays and tubs; processing all types of mail;	1,3,4,9,10	F			
picking up and delivering mail, parcels and					
records; inspecting vehicle) 3 Running	NI/A	N.I.			
4 Standing (i.e., using computer; supervising staff;	N/A	N			
retrieving and placing boxes on shelves; loading	1,2,3,4,5,6,7,8,	_			
and unloading mail trays and tubs; processing all	9,10	F			
types of mail; inspecting vehicle)	3,10				
5 Bending-Neck (i.e., using computer; operating fork					
lift; driving; inspecting vehicle; supervising staff;	1 2 2 4 5 6 7 9				
	1,2,3,4,5,6,7,8,	С			
unloading mail trays and tubs; processing all types of mail; picking up and delivering mail, parcels and	910,				
records)					
6 Bending-Waist (i.e., inspecting vehicle; retrieving					
and placing boxes on shelves; loading and unloading	3,4,9	0			
mail trays and tubs)					
7 Squatting (i.e., inspecting vehicle; retrieving and					
placing boxes on shelves; loading and unloading	3,4,9	0			
mail trays and tubs)					
8 Climbing (i.e., retrieving and placing boxes on	3,4,9	0			
shelves; loading and unloading mail trays and tubs)	, ,				
9 Kneeling (i.e., inspecting vehicle; retrieving and	2.4.0	0			
placing boxes on shelves; loading and unloading	3,4,9	0			
mail trays and tubs)	N1 / A	A.I			
10 Crawling	N/A	N			
11 Twisting (neck) (i.e., using computer; operating fork lift; driving; inspecting vehicle; supervising staff;					
	1,2,3,4,5,6,7,8,	_			
unloading mail trays and tubs; processing all types of	9.10	С			
mail; picking up and delivering mail, parcels and	3,20				
records)					
12 Twisting (waist) (i.e., inspecting vehicle;					
retrieving and placing boxes on shelves; loading and unloading mail trays and tubs)	3,4,9	0			
13 Repetitive Hand Use	3,4,9	F			
14 Simple Grasping-Right Hand (i.e., retrieving and	3,4,3	ı			
placing boxes on shelves; loading and unloading					
mail tubs and trays, packages, records and data					
boxes; processing and sorting mail; maintaining	3,4,9	F			
paper files; picking up and delivering mail, parcels,					
and records)					
15 Simple Grasping-Left Hand (i.e., retrieving and					
placing boxes on shelves; loading and unloading					
mail tubs and trays, packages, records and data	2.4.0	_			
boxes; processing and sorting mail; maintaining	3,4,9	F			
paper files; picking up and delivering mail, parcels,					
and records)					
16 Power Grasping-Right Hand (i.e., retrieving and placing heavy boxes on shelves; loading and					
unloading mail trays and tubs, packages, records	3,4,9	0			
and data boxes; picking up and delivering mail,	, ,,,				
parcels and records)					

	Examples of	FREQUENCY RATING	MEDICAL	PROVIDER	USE ONLY:
	Duties/Functions	Never, Occasional;	Can	Temporarily	Permanently
	Requiring Activity	Frequent, or Constant	Perform	Restricted	Restricted
17 Power Grasping-Left Hand (i.e., retrieving and					
placing heavy boxes on shelves; loading and					
, , , , , , , , , , , , , , , , , , , ,	3,4,9	0			
and data boxes; picking up and delivering mail,					
parcels and records)					
and sorting mail)	3,4,9	0			
and sorting mail)	3,4,9	0			
20 Pushing and Pulling (right hand) (i.e., using hand carts or pallet jacks; retrieving and placing heavy boxes on shelves; loading and unloading mail trays and tubs, packages, records and data boxes; picking up and delivering mail, parcels and records)	3,4,9	F			
21 Pushing and Pulling (left hand) (i.e., using hand carts or pallet jacks; retrieving and placing heavy boxes on shelves; loading and unloading mail trays and tubs, packages, records and data boxes; picking up and delivering mail, parcels and records)		F			
22 Reaching (above shoulder level)	3,4,9	0			
23 Reaching (below shoulder level)	1,2,3,4,5,6,7,8, 9,10	F			
24 Lifting-up to 10 lbs.	1,2,3,4,5,6,7,8, 9	F			
25 Lifting-11-25 lbs.	3,4,9	0			
26 Lifting-26-50 lbs. (i.e., loading and unloading	3,4,9	0			
27 Lifting 51-75 lbs.	N/A	N			
28 Lifting 76-100 lbs.	N/A	N			
29 Lifting 100 + lbs.	N/A	N			
30 Carrying 0-10 lbs.	2,3,4,5,6,7,8,9	F			
· · ·	3,4,9	0			
32 Carrying 26-50 lbs. (i.e., loading and unloading	3,4,9	0			
33 Carrying 51-75 lbs.	N/A	N			
34 Carrying 76-100 lbs.	N/A	N			

PART 3: SENSORY REQUIREMENTS

	Examples of	FREQUENCY RATING	MEDICAL	PROVIDER	USE ONLY
	Duties/Functions	Never, Occasional;	Can	Temporarily	Permanently
Activity	Requiring Activity	Frequent, or Constant	Perform	Restricted	Restricted
1 Functional vision, normal or corrected (i.e.,					
supervising staff; driving vehicle or forklift;					
inspecting vehicle; retrieving and placing boxes on	1,2,3,4,5,6,7,8,	C			
shelves; loading and unloading mail trays and	9,10	C			
tubs; packages, records and data boxes; using					
computers for a variety of tasks)					
2 Functional color vision, normal or corrected	N/A	N			
3 Functional night vision, normal or corrected (i.e.,					
performing work duties before or after daylight	9	0			
hours)					
4 Functional hearing, normal or corrected (i.e.,	1 2 2 5 7 9 0 10				
orienting, training and supervising staff;	1,2,3,5,7,8,9,10	Γ			

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	Examples of	FREQUENCY RATING	MEDICAL	PROVIDER	USE ONLY
	Duties/Functions	Never, Occasional;	Can	Temporarily	Permanently
Activity	Requiring Activity	Frequent, or Constant	Perform	Restricted	Restricted
communicating with department managers, other					
departments, and staff)					
5 A sense of smell or taste	N/A	N			

PART 4: COMPREHENSION LEVEL

	FREQUENCY RATING	MEDICAL	PROVIDER	USE ONLY
	Never, Occasional;	Can	Temporarily	Permanently
Activity	Frequent, or Constant	Perform	Restricted	Restricted
1 Follow Oral Instructions	F			
2 Follow Written Instructions	F			
3 Required to sustain concentration	F			

PART 5: NATURE OF TASKS

FREQUENCY RATING	MEDICAL	PROVIDER	USE ONLY
Never, Occasional;	Can	Temporarily	Permanently
Frequent, or Constant	Perform	Restricted	Restricted
С			
F			
F			
F			
0			
0			
	Never, Occasional; Frequent, or Constant C F F O	Never, Occasional; Frequent, or Constant C F F F O	Never, Occasional; Frequent, or Constant C F F F O

PART 6: WORK PACE

	FREQUENCY RATING	MEDICAL	PROVIDER	USE ONLY
	Never, Occasional;	Can	Temporarily	Permanently
Activity	Frequent, or Constant	Perform	Restricted	Restricted
1 Tightly scheduled and rapid pace of work activities at	F	-		
high volume				
2 Meet time sensitive deadlines	F			
3 Long and/or irregular hours	0			
4 Limited/unpredictable opportunity for breaks	0			
5 Required to perform on-call or emergency work	0			

PART 7: COMPLEXITY/VARIABILITY

	FREQUENCY RATING	MEDICAL	PROVIDER	USE ONLY
	Never, Occasional;	Can	Temporarily	Permanently
Activity	Frequent, or Constant	Perform	Restricted	Restricted
1 Variable and unpredictable workflow	0			
2 Attention divided by issues requiring multi-tasking	F			
3 Work requires precise attention to detail	F			
4 Use of judgment in routine matters	F			
5 Requires use of judgment in adapting procedures from one task to another	0			
6 Possible legal ramifications associated with work activities or work product	0			

PART 8: INTERACTIONS WITH OTHERS

	FREQUENCY RATING	MEDICAL	PROVIDER	USE ONLY
	Never, Occasional;	Can	Temporarily	Permanently
Activity	Frequent, or Constant	Perform	Restricted	Restricted
1 Works with others (e.g., co-workers, other	F			
departments/agencies, public)	ļ r			
2 Interactions limited to giving/receiving information	F			
3 Interactions exceed giving/receiving information (e.g.,	0			
advises, persuades, justifies)	0			
4 Interactions occur under circumstances of emotional stress	0			
5 Risk of confrontation with violent or assaultive clients or	N			
customers				

PART 9: ENVIRONMENTAL FACTORS/WORKING CONDITIONS:

THE STATE OF THE PACTORS OF THE PACT	FREQUENCY RATING	MEDICAL	PROVIDER	USE ONLY
	Never, Occasional;	Can	Temporarily	Permanently
Activity	Frequent, or Constant	Perform	Restricted	Restricted
1 Work Inside	F			
2 Work Outside	0			
3 Extreme Heat (above 100 degrees)	0			
4 Extreme Cold (below 32 degrees)	0			
5 Excessive Noise (must raise voice to be heard)	0			
6 Vibration (e.g., jack hammer, hammer drill, chainsaw, etc.)	N			
7 Dust, Vapors, Fumes, Smoke	0			
8 Silica, asbestos, etc.	N			
9 Solvents (e.g., gas, turpentine, etc.)	N			
10 Grease, oils	0			
11 Acidic, Caustic Solutions (Forklift Battery)	0			
12 Pesticides	N			
13 Explosives (e.g., dynamite, bomb, etc.)	N			
14 Cleaning supplies, abrasives	0			
15 Other Chemicals (e.g. drugs and other contraband)	N			
16 Human Blood, Body Tissues, or Fluids	N			
17 Human Wastes	N			
18 Animal Blood, Body Tissues, or Fluids	N			
19 Animal Wastes	N			
20 Biological Toxins (e.g., poison ivy, poison oak, anthrax, etc.)	N			
21 Insect Bites (e.g., ticks, mosquitos, spiders, etc.)	0			
22 Biomedical Waste	N			
23 Ionizing Radiation	N			
24 Non-Ionizing Radiation	N			
25 Electrical Energy	N			
26 Walking on uneven, slippery, or rough surfaces	0			
27 Proximity to moving mechanical parts (e.g., equipment,				
machinery)	0			
28 Proximity to moving vehicles or objects	0			
29 Heights (e.g., ladders, etc.)	0			
30 Contact with water, other liquids, humid conditions - not				
weather related	N			
31 Work Below Ground: (e.g., excavation, trench, etc.)	N			
32 Potential exposure to airborne infectious diseases (e.g. clinics,				
labs, corrections)	N			
33 Operates non-commercial motor vehicles (cars, trucks)	F			
34 Operates commercial vehicles – CDL				
ClassEndorsements	N			
35 Operates passenger van to transport clients, inmates, etc.	N			
36 Pulls non-commercial trailers or equipment	N			
37 Operates heavy equipment	N			
38 Other:	N			

PART 10: MEDICAL SCREENING, SURVEILLANCE AND VACCINATION REQUIREMENTS: Not Applicable

Please check each of the medical screening, surveillance, and vaccination requirements that apply to the position, and indicate if the requirement applies pre-employment/pre-placement only, or whether there are additional requirements after hire.

			Frequency (one time,
Medical Screening, Surveillance or Vaccination	Pre-Hire	Post-Hire	annual, etc.)
1 Audiometric Testing			
2 DOT Commercial Driver Drug and Alcohol Screening			
3 DOT Commercial Driver Physical Exam			
4 Respirator Physical Exam			
5 Respirator Questionnaire – Short			
6 Respirator Questionnaire – Standard			
7 Blood lead level			
8 Hazardous Waste/Emergency Worker physical			
9 Heavy metal screen (mercury, lead, arsenic)			
10 HINT Hearing Noise Sensitivity Testing			
11 Tuberculosis skin test			
12 Vaccine: MMR			
13 Vaccine: Hepatitis B			
14 Vaccine: Influenza			
15 Vaccine: Meningococcal			
16 Vaccine: Pneumococcal			
17 Vaccine: Rabies			
18 Vaccine: Rabies Titer			
19 Vaccine: Tdap			
20 Vaccine: Chickenpox			

PART 11: ADDITIONAL INFORMATION, PICTURES, ETC.