

**AGENDA
COUNTY OF SONOMA
COMMISSION ON THE STATUS OF WOMEN**

**Meeting Held Through Publicly Available Link Via Zoom as well as in person at
575 Administration Drive, Ste 117C, Santa Rosa, CA 95403**

Thursday **September 12, 2024** **6:00PM**

First District: Joanne M. Brown (OAL), Nancy Padian, Haunani Pakaki

Second District: Katie Gordon (On Leave of Absence), Rebecca Kaykas-Wolff

Third District: Ofra Isler, Ana Diaz-Garcia, Melanie Jones-Carter (Vice-Chair)

Fourth District: Gina Fortino Dickson (Chair), Letitia Hanke, Izzy Arreguin

Fifth District: Jessica Wood, Zobida McCorquodale, Elizabeth Beaty

***Commissioner Kaykas-Wolff will be attending hybrid via Zoom per Gov't. Code Section 54953(b) at this location: Sly Hotel, Petersburger Strabe 16, Berlin, 10249 Germany.**

The September 12, 2024, Commission on the Status of Women Meeting will be facilitated in person. Members of the public can watch, listen, or join the meeting using one of the three following methods:

1. JOIN IN PERSON:

Human Resources Large Training Room
575 Administration Drive, Suite 117C, Santa Rosa, CA 95403
Limited seating is available for public participants.

2. JOIN VIRTUALLY VIA ZOOM:

Participate by computer, table, or smartphone application. Go to:

<https://sonomacounty.zoom.us/j/94202019002?pwd=V3JCazd0MFcvR2Q3c0FYK2x3ZiRpQT09>

Webinar ID: 942 0201 9002

Passcode: 252743

3. JOIN IN ZOOM BY TELEPHONE:

Dial +1 (669) 900 9128

Webinar ID: 942 0201 9002

Passcode: 252743

Instructions for the Public:

In accordance with AB 361, Governor Newsom's March 4, 2020 State of Emergency due to COVID-19 pandemic, Sonoma County Public Health Officer's Recommendation for

Teleconference Meetings, and the Sonoma County Board of Supervisors Resolution 21-0399, the Commission on the Status of Women meetings will be facilitated using a dual format with listening and participation available through Zoom and in person.

Agendas and Materials:

Agendas and most supporting materials are available on the Commission's website at <https://sonomacounty.ca.gov/Commission-on-Status-of-Women/Calendar/>

Due to legal, copyright, privacy or policy considerations, not all materials are posted online. **NOTE:** Due to the ongoing Covid-19 situation, materials that are not posted will be available directly from the Commission at sococsw@sonoma-county.org.

Disabled Accommodation:

If you have a disability which requires an accommodation, an alternative format, or requires another person to assist you while attending this meeting, please contact the Deputy Clerk at (707) 565-1851, as soon as possible to ensure arrangements for accommodation.

Approval of the Consent Calendar:

The Consent Calendar includes routine financial and administrative actions that are usually approved by a single majority vote. There will be no discussion on these items prior to voting on the motion unless Commission Members request specific items be discussed and/or removed from the Consent Calendar.

Public Comment:

Any member of the audience desiring to address the Commission on a matter on the agenda: Members of the public are invited to join this meeting in person or via Zoom teleconferencing. In order that all interested parties have an opportunity to speak, please be brief and limit your comments to the subject under discussion. Speakers will be limited to three minutes to speak; time limitations are at the discretion of the Chair. While members of the public are welcome to address the Commission, under the Brown Act, Commission members may not deliberate or take action on items not on the agenda, and generally may only listen.

1. CALL TO ORDER, ROLL CALL

2. LAND ACKNOWLEDGEMENT

The Commission on the Status of Women of Sonoma County recognizes that we are on the ancestral lands of the Pomo, Wappo, and Coast Miwok, who are the original stewards of this land. We further acknowledge that the office of the Commission on the Status of Women resides on Southern Pomo land in Santa Rosa. We respect and honor the past, present, and future generations, and are grateful for the opportunity to give our respect to the first inhabitants.

3. OPEN TIME FOR PUBLIC COMMENT

At the beginning of each Commission meeting, any member of the public may address the Commission concerning any item not on the Commission's agenda. Speakers will be limited to three (3) minutes unless otherwise specified by the Chair or the Presiding Officer. The public will be given an opportunity to speak on each business item at the time it is called. The Commission may discuss and/or take action regarding any or all of the items listed below.

4. CLAUDIA GALLIANI PRESENTATION

Presenting on Measure I.

5. CONSENT CALENDAR

- a. Approval of the July 11, 2024 Meeting Minutes
- b. Approval of the August 3, 2024 Strategic Planning meeting minutes

6. OFFICER REPORTS AND ADMINISTRATIVE UPDATES

Officers and Staff to discuss administrative-related matters including, but not limited to, field trip ideas and speaker coordination.

- a. Women Equality Day Resolution
- b. Canva subscription
- c. League of Women Voters presenting at CSW meeting on October 10, 2024 and invited Commission on Human Rights to join.

7. COMMISSIONER ANNOUNCEMENTS

Commissioners to provide any commission-related announcements, report on communications with supervisors, and announce any tabling opportunities.

8. OPENINGS AND APPOINTMENTS

Chair Fortino Dickson will report out on current openings.

- a. Welcome Elizabeth Beaty to the Commission.
- b. One vacant position in the 2nd district and one vacant position in the 3rd district.

9. CSW MATERIALS

Conversation about donating CSW materials to Sonoma County History & Genealogy Library and reviewing the material.

10. BUSINESS ITEMS

- a. Approval of Ad-Hoc and Project Budget Requests
 - Jr. Commission
 - Communication
 - Community Engagement
 - Biz Entrepreneurship
 - Health and Wellness
 - Reproductive Justice

- b. Review Role Assignments of Commissioners
- c. Appoint volunteers to ACCW & NCCW

11. AGENDA ITEMS FOR OCTOBER 10, 2024 COMMISSION MEETING

Proposal, discussion, and possible action items for next Commission meeting. (No action required by commissioners for this section).

12. ADJOURNMENT

DRAFT-MINUTES
COUNTY OF SONOMA
COMMISSION ON THE STATUS OF WOMEN

Thursday, July 11, 2024

6:00 PM

Hybrid Meeting

Commissioners Present:

First District: Joanne M. Brown (OAL), Nancy Padian*, Haunani Pakaki

Second District: Rebecca Kaykas-Wolff

Third District: Ana Diaz-Garcia, Melanie Jones-Carter (Vice-Chair)

Fourth District: Gina Fortino Dickson (Chair), Letitia Hanke

Commissioners Absent:

Second District: Katie Gordon (Leave of absence)

Third District: Ofra Isler

Fifth District: Jessica Wood, Angie Dillon-Shore, Zobida McCorquodale

*** Commissioner Padian attended via Zoom (AB 2449 Excuse)**

Meeting held through publicly available link via Zoom Meeting, and in-person.

1. CALL TO ORDER, ROLL CALL

Meeting called to order at approximately 6:20 p.m. Roll call taken by Staff.

2. LAND ACKNOWLEDGEMENT

Commissioner Diaz-Garcia read the Land Acknowledgement.

3. PUBLIC COMMENT ON NON-AGENDIZED ITEMS

No Public Comment.

4. APPROVAL OF THE JUNE 13, 2024 MEETING MINUTES

Motion to approve the June 13, 2024 meeting minutes.

No Public Comment.

Motion: Commissioner Diaz-Garcia

Ayes: 7

Noes: 0

Second: Vice Chair Jones-Carter

Absent: 5

Abstained: 1

Commissioners Isler, Wood, Dillon-Shore, and McCorquodale were absent.
Commissioner Gordon is on leave of absence. Chair Fortino Dickson abstained as
Chair. Motion passed.

5. OFFICER REPORTS AND ADMINISTRATIVE UPDATES

- a. Staff reported on her task to find a new home for Commission's historical photos. She contacted the Historical Records Commission, and they might take the photos. More to come on this topic. She reminded Commissioners about the strategic planning meeting on August 3rd.

6. COMMISSIONER ANNOUNCEMENTS

- a. Commissioner Diaz-Garcia announced that she will not be asking for reappointment. Council Member Alvarez asked her to serve in the Community Advisory Board - a Board through the City of Santa Rosa. She will stay on the Commission until Supervisor Coursey finds a replacement.
- b. Commissioner Brown started writing articles for the Index Tribune and she highlighted the work of the Districts Attorney's Office. She will also be highlighting the Pharmacy Access Project.
- c. Commissioner Pakaki inquired the Bylaws Committee and would like to revamp the committee.

7. OPENINGS AND APPOINTMENTS

Chair Fortino Dickson announced openings in the 2nd district, 3rd district, and in the 4th district.

8. AD HOC AND PROJECT CLOSE OUT REPORTS

- a. Women's Recovery Response Ad Hoc wrapped up their project by having a breakfast event to report on some needs that women face in Sonoma County.
- b. Women and Girls Reproductive Health Ad Hoc created QR code stickers to promote reproductive health in Sonoma Count. They suggested to have description on what the sticker is about. They will be updating the report as well as following-up with pharmacies to work with them. They will be some continuous work for next ad hoc.
- c. Junior Commission Educational Project had successful ad hoc projects on menstrual poverty, reproductive health, and women empowerment. They had a successful career panel event and graduation. Some of the challenges included attendance and content for group meetings. Next year, attendance will be enforced and have content for meetings. They will be working with the Youth Commission on the Commission on Human Rights.
- d. Legislative Advisory Group wrote the ERA letter that was sent to the President, President's wife, legislative representatives, AAW, and to the National

Commission on the Status of Women. They believe it's not supported, but glad they wrote a letter.

- e. Community Engagement Working Group tabled at 6 events, 7 Commissioners participated, they spent all their allocated funds of \$4,500. They bought magnets, stickers tee shirts, totes, Pride swag, flash drives, 2 retractable banners, 2 totes on wheels and more. They hosted the 2024 Spirit Award and the roll of the 2023 Report on the Status of Women and Girls.

9. STRATEGIC PLANNING EXPECTATION

Commissioner Brown led the discussion on the expectations of the strategic planning meeting. Participation was emphasized many times. Commissioner Brown recommended to come committed to the strategic planning meeting with projects that they are willing to commit. Some commissioners recommended structure with the onboarding procedure, formalizing participation, and the structure of the strategic planning meeting. The Officers and Staff will work on creating more structure for the strategic planning meeting.

10. BUSINESS ITEMS

- a. Chair Fortino Dickson led the discussion on Women's Equality Day Resolution. She directed the Commissioners to contact their City Council to get the proclamation on their agenda. The Officers will create a synopsis of what they might say to represent the Commission while accepting the proclamation. Motion to approve the Women's Equality Day Resolution.

No Public Comment.

Motion: Commissioner Diaz-Garcia	Ayes: 7	Noes: 0
Second: Commissioner Brown	Absent: 5	Abstained: 1

Commissioners Isler, Wood, Dillon-Shore, and McCorquodale were absent. Commissioner Gordon is on leave of absence. Chair Fortino Dickson abstained as Chair. Motion passed.

- b. Chair Fortino Dickson led the approval of the strategic planning session budget of up to \$2,500: \$300-\$700 for the venue, \$500-\$1,000 for facilitation of content, and \$400-\$800 for food and drinks. Motion to approve the budget to up to \$2,500 for the strategic planning meeting.

No Public Comment.

Motion: Commissioner Brown Ayes: 7 Noes: 0
Second: Commissioner Kaykas-Wolff Absent: 5 Abstained: 1

Commissioners Isler, Wood, Dillon-Shore, and McCorquodale were absent. Commissioner Gordon is on leave of absence. Chair Fortino Dickson abstained as Chair. Motion passed.

11. AGENDA ITEMS FOR AUGUST 8, 2024 COMMISSION MEETING

- a. No agenda items were mentioned for August 8, 2024 Commission meeting.

12. ADJOURNMENT

This meeting was adjourned at 7:37 p.m.

DRAFT-MINUTES
COUNTY OF SONOMA
COMMISSION ON THE STATUS OF WOMEN

Saturday, August 3, 2024

9:00 AM

In Person Meeting

Commissioners Present:

First District: Joanne M. Brown (OAL), Nancy Padian*, Haunani Pakaki

Second District: Rebecca Kaykas-Wolff

Third District: Ofra Isler, Ana Diaz-Garcia**, Melanie Jones-Carter (Vice-Chair)

Fourth District: Gina Fortino Dickson (Chair), Letitia Hanke, Izzy Arreguin

Fifth District: Jessica Wood, Zobida McCorquodale

Commissioners Absent:

Second District: Katie Gordon (Leave of absence)

Fifth District: Elizabeth Beaty

*** Commissioner Padian left early at approximately 11:58am.**

**** Commissioner Diaz-Garcia arrived late at approximately 9:26am and left early at approximately at 12:58pm.**

Meeting held in-person.

1. CALL TO ORDER

Meeting called to order at approximately 9:16 a.m.

2. PUBLIC COMMENT ON NON-AGENDIZED ITEMS

No Public Comment.

3. BUSINESS ITEMS

A. Strategic Planning

1. Commission Intro

Chair Fortino Dickson provided an overview of the meeting and introduced Dr. BJ Bischoff who facilitated the strategic planning session.

2. Relationship Building

Dr. BJ Bischoff led the Commission into various relationship building activities such as identifying individuals assets, identifying how they can support each other, identifying Commissioners'

expectations, and helping the Commission create a sustainable culture.

3. Task Development

Commissioners brainstormed on relevant ad hoc committees that align to the mission and vision statement of the Commission. They will be keeping Bylaws, Community Engagement, Communications, Legislative, On-Boarding, Junior Commission, and Speaker Bureau committees. After discussing and reviewing their long list of choices from new committees, Commissioners narrowed down their choices to Biz Entrepreneurship, Health and Wellness, and Reproductive Justice. These 3 ad hoc committees will submit their workplans and budgets.

Motion to approve three ad hocs: Biz Entrepreneurship, Health and Wellness, and Reproductive Justice.

No Public Comment.

Motion: Commissioner Brown Ayes: 10 Noes: 0
Second: Commissioner Isler Absent: 5 Abstained: 1
Commissioners Beaty was absent. Commissioners Padian and Diaz- Garcia left early. Commissioner Gordon is on leave of absence. Chair Fortino Dickson abstained as Chair. Motion passed.

4. ADJOURNMENT

This meeting was adjourned at approximately 1:15 p.m.



Sonoma County Commission on the Status of Women | Work Plan

Ad Hoc Junior Commission Project
Members Nancy Padian, Ofra Isler, Zobida Mccorquodale
Description The Junior Commission on the Status of Women of Sonoma County mentors high school students for future leadership by engaging them in topics related to women and girls. Participants create projects on these topics, gaining experience in advocacy and making a positive community impact. Roundtable discussions provide a safe space to share views on local and global issues. The program fosters leadership skills and culminates in a presentation of their projects to the Board of Supervisors, celebrating their achievements.

Budget Increase: We are requesting an increase in the budget this year to address several important changes and needs. With our meetings transitioning to an in-person format, we are now providing food for the juniors to ensure their comfort and participation. Additionally, our group has grown significantly to 30 students, and we aim to offer them the same level of support and benefits that previous terms received. This budget increase is crucial for maintaining the quality of our programs and ensuring that all students continue to have a positive and enriching experience. Among the events we plan to support are those organized by the Human Rights Youth Commission, highlighting our commitment to meaningful and impactful activities.

MONTH	OBJECTIVE	ACTION	BUDGET		
August 2024 Orientation	Meet the juniors and team members	Icebreaker activities (Program Managers, Mentors, and Juniors)	Food	\$250	
	Give a brief overview of the year ahead	Review presentation (schedule of what's to come, Ad Hoc, share drive, officer roles, etc.)			
September 2024	Assign Ad Hocs	Meet with Ad Hoc groups and mentors, review work plan template	Food	\$350	
	Elect Junior Officers Election and Voting Speaker Panel (with HR Youth Commission)	Campaign speeches and voting Speakers: Sandra Lowe, Claudia Galliani, Melanie Jones-Carter, Caitlin Quinn			
October 2024	Review Work Plans	Each Ad Hoc will present their project for the year	N/A		
	Engage in group discussion	Round table discussion (chosen by officers)			
	Speaker	Speaker TBD- maybe DA			
November 2024	Volunteer Day	Girls on the Run 5k	Transportation and Food	\$400	
December 2024	Unhoused Resource Learning Day (with HR Youth Commission)	Speakers and workshops to learn about the unhoused communities in Sonoma County	N/A		
January 2025	Engage in group discussion	Round table discussion (chosen by officers)	N/A		
	Speaker Survey positions for career panel	Speaker TBD- maybe DA Propose careers for the panel and vote on five			
February 2025	Movie Day (with HR Youth Commission)	Watch a movie/documentary related to advocacy	Food	\$200	
March 2025	Career Panel (with HR Youth Commission)	Have speakers from different career roles speak and engage with the juniors (might open to the public)	Food and Social Media	\$350	decreased
April 2025	Volunteer Day	TBD - need to find a volunteer opportunity that doesn't require a donation	Transportation and Food	\$450	decreased - may need to find new location, removed donation portion
May 2025 Graduation	To officially present the Junior Commission on the Status of Women to the public and Board of Supervisors	Ad Hoc project presentations to the public and Board of Supervisors	Food	\$450	decreased
		Presentation of completion certificates and graduation gifts	Graduation Gifts (30 juniors x \$30 each)	\$900	decreased, originally \$50 per person
			Ad Hocs (7 groups x \$150 each)	\$1,050	decreased, originally \$200 per ad hoc

\$4,400 Originally \$6400

COMMISSION ON THE STATUS OF WOMEN – WORK PLAN TEMPLATE

Name of the ad hoc: Communications Team

Description of the project/ ad hoc: Manage the communications channels, including Instagram, email, etc.

Ad Hoc committee members: Gina Fortino Dickson, Rebecca Kaykas-Wolff, Letitia Hanke

TIMELINE/ DATE	OBJECTIVE/GOAL	ACTIONS	ASSIGNED TO	BUDGET
Create Annual calendar of events and marketing needs in collaboration with community engagement coordinator	Have a plan of action and easily market activities and easily communicate reqs of commission members	Draft Calendar	Gina	\$0
Craft a Social Media marketing strategy.	Create a plan of action for social media posting.	Draft plan	Rebecca	\$0
Create and email marketing campaign	Create plan of action	Draft Plan	Rebecca	\$0
Implement Email and Social Media Strategy and monitor effectiveness	Hire an outside firm to implement the marketing plans for the year.	Hire; perhaps local firm or volunteer college student.	Gina	\$1500 - \$3000
subscribe to email listserv management software and				\$500 - \$1000

newsletter content creator.				
Total:				\$2000 - \$4000

DATE/PERIOD	OBJECTIVE	ACTIONS	ASSIGNED TO
September - November	<p>Identify projects to support in 2024-2025</p> <p>Possible Tabling Events list: Spirit, Pride, Verity Project, Womens History Month, Juneteenth, Los Cien, Cinco de Mayo,</p> <p>Celebracion de Comunidad community event 9/21 – Rohnert park</p> <p>Spirit Award</p> <p>Strategic Plan</p> <p>Marketing materials,</p> <p>End of the year event</p>	<p>Committee of commissioners,</p> <p>Wood, Hanke Jones-Carter, Pakaki, Diaz - Garcia</p>	<p>Wood, Hanke, Pakaki, Jones-Carter, Diaz - Garcia</p>
November - December	<p>Training session for new commissioners</p> <p>Plane 1st quarter events schedule</p>	<p>Develop talking points script for commissioners</p> <p>Create a 3-month January - March calendar to be distributed to committee.</p> <p>Find out who can participate</p> <p>Create evaluation sheet for events</p> <p>Purchase supplies</p>	<p>Wood, Jones-Carter</p> <p>Wood, Hanke, Pakaki, Jones-Carter , Diaz - Garcia</p>
January-March	<p>Execute events planned for first 3 months.</p>	<p>Evaluate events</p>	<p>Wood, Hanke, Pakaki, Jones-Carter, Diaz - Garcia</p>
February	<p>Plane 2nd quarter events</p>	<p>Create a 3-month March - May</p>	<p>Wood, Hanke, Pakaki, Jones-Carter</p>

		calendar to be distributed to committee. Find out who can participate	
March	Plan events till year end June District Meet and Greets with Supervisors	Create a 3-month June- August calendar to be distributed to committee. Find out who can participate Plan events in each district with Commissioners and Supervisors	Wood, Hanke, Pakaki, Jones-Carter Wood, Hanke, Pakaki, Jones-Carter
April	Execute Planned Events	Evaluate events	Wood, Hanke, Pakaki, Jones-Carter
May	Execute Planned Events Spirit Award	Evaluate events	Wood, Hanke, Pakaki, Jones-Carter
June	Pride ?	Evaluate events	Wood, Hanke, Pakaki, Jones-Carter

Budget/Resources:

\$4000 for Sponsorships & Table events includes Sponsorship for 4-5 events.

\$500 for marketing supplies

Total budget = \$4500

COMMISSION ON THE STATUS OF WOMEN – WORK PLAN TEMPLATE

Name of the ad hoc: Biz Entrepreneurship

Description of the project/ ad hoc: By encouraging more women to take the entrepreneurial leap, supporting their ventures, and celebrating their successes, society can benefit from the rich diversity of ideas and leadership styles they bring to the table. Together, we can build a more inclusive, innovative, and prosperous future.

Ad Hoc committee members: Letitia Hanke, Zobida McCorquodale, Melanie Jones-Carter

TIMELINE/ DATE	OBJECTIVE/GOAL	ACTIONS	ASSIGNED TO	BUDGET
December 2024 or January 2025	Engage in group discussion and learning from Business coach about behavioral styles and effective communication amongst ourselves, co-workers, clients, family members, etc.	Training on business by Dawn Lyons	Letitia-Hanke	Trainer \$750 Venue \$ 0 Food \$300
February 2025	Junior Commission Collab How to start a business Tips on going to college Getting into unconventional careers	Mentorship from Women that specialize in these categories	Letitia Melanie Zobida	Food \$500
April 16-18, 2025	Women in Construction Lead by a Lorber, Greenfield, & Olsen law firm	Participate and sponsor the event. More info to follow	Zobida	Sponsorship: \$1000
July 2025	Mixer at Letitia’s Office Introduce young women to business women that are in unconventional industries	Discussion panel Networking Mentorship	Letitia	Speaker: \$500 Food: \$500
TOTAL BUDGET				\$3,050.00



COUNTY OF SONOMA COMMISSION ON THE STATUS OF WOMEN PROPOSAL

Title: "Our Voices" - Women's Mental Health in Sonoma County

Project Overview:

The "Our Voices" is a crucial initiative aimed at addressing the critical mental health needs of women in Sonoma County. This event will serve as a safe and supportive space for BIPOC women of diverse, background, socioeconomic disparities, language and age groups to congregate, exchange personal experiences, and engage in meaningful discussions surrounding mental health challenges. Guided by experienced and diverse mental health professionals, participants will be grouped according to age demographics, ranging from middle school students to elders. Through structured conversations, participants collaborate to identify service gaps and devise solutions tailored to the community. Through the lens of equity and language access this approach ensures that all women have a voice in shaping a more supportive and resilient mental health ecosystem in Sonoma County.

Key Milestones:

1. September 2023 - October 2023:

- Secure an appropriate venue for the workshop
- Develop a comprehensive agenda and discussion topics
- Initiate outreach efforts to engage mental health experts
 - Determine best practices for the group including group size, confidentiality and safety policies and procedures and after group crisis support with resources
 - Identify speakers and their respective topics

2. November 2023:

- Create participant registration procedures - including pre and post surveys that track participant impact on mental health and service awareness
- Craft promotional materials to raise awareness about the workshop

3. January 2023 - February 2024:

- Promote the workshop via social media platforms, local organizations, and community partners, with a special focus on outreach to the Spanish speaking community, i.e La Prensa, KBBF and nonprofits that serve underserved communities
- Sustain outreach activities to ensure diverse participation across women of diverse, background, socioeconomic disparities, language and age .
- Enhance discussion guides tailored to each age-specific group.



**COUNTY OF SONOMA
COMMISSION ON THE STATUS OF WOMEN
PROPOSAL**

4. March 2024:

- Confirm logistical arrangements, including catering, equipment setup, and participant materials (budget and donations)

5. April 2024:

- Conduct an orientation session for mental health professionals and facilitators.

6. May 2024:

- Conduct a pre meeting with the commissioners to assign roles and duties during and after the event.

7. June 2024

- Host the "Hear Our Voices" Women's Mental Health Workshop in Sonoma County.
- Facilitate age-specific discussions on mental health services, unmet needs, and potential solutions.
- Collect participant feedback and insights for evaluation.

6. May 2024:

- Analyze workshop feedback and outcomes.
- Generate a comprehensive report highlighting key discoveries and recommendations.
- Disseminate the report to relevant stakeholders

Approximate Budget Breakdown:

- Venue rental: \$1500
 - Refreshments and snacks: \$200
 - Speaker honorariums: \$600
 - Marketing and promotion: \$300
 - Materials and supplies: \$200
- Total Budget: \$2800.00



COUNTY OF SONOMA COMMISSION ON THE STATUS OF WOMEN PROPOSAL

Significance of Women's Voices

Despite the passing of Measure O funds to the tune of \$31 million dollars, BIPOC women, youth and elders still feel left out of mental services access.

The significance of the "Hear Our Voices" workshop in addressing mental health challenges faced by BIPOC women in Sonoma County cannot be overstated. Recent statistics from the Sonoma County Department of Health Services reveal a stark reality: women in our community grapple with significant mental health adversities, ranging from anxiety and depression to trauma and stress-related disorders. These statistics paint a compelling picture of the urgent need to prioritize and enhance mental health support systems tailored specifically for women.

Against this backdrop, the workshop emerges as a beacon of hope and empowerment for women of diverse backgrounds, socioeconomic disparities, language and age in Sonoma County. By providing a structured platform for women to come together, the event encourages unity, solidarity, and the sharing of personal narratives. This collective sharing of experiences not only fosters a sense of community and belonging but also serves as a powerful catalyst for destigmatizing mental health issues and promoting a culture of openness and understanding.

Moreover, the workshop acts as a catalyst for advocacy and change, empowering women to voice their needs, concerns, and aspirations regarding mental health services in our community. By amplifying their voices and advocating for improved resources, participants play an active role in shaping the future of mental health care for women in Sonoma County.

Through fostering collaboration and open dialogue among diverse stakeholders, including participants, mental health professionals, community organizations, and policymakers, the workshop sets the stage for a more supportive and resilient community. By engaging in meaningful conversations, sharing insights, and collectively brainstorming solutions, attendees contribute to a culture of mutual support, empathy, and empowerment.

Ultimately, the "Hear Our Voices" workshop represents a critical step towards building a more inclusive, compassionate, and responsive mental health ecosystem for women in Sonoma County. By creating a safe space for dialogue, advocacy, and collaboration, the event not only addresses immediate mental health needs but also lays the foundation for a more connected, resilient, and supportive community where every woman's voice is heard, valued, and respected.



**COUNTY OF SONOMA
COMMISSION ON THE STATUS OF WOMEN
PROPOSAL**

Possible Partnerships

Humanidad Therapy & Education Services
<http://humanidadtherapy.org/>

On The Margins
<https://www.onthemargins.us/>

NAMI Sonoma County (National Alliance on Mental Illness)
<https://namisonomacounty.org/>

County of Sonoma Behavior Health Services
<https://sonomacounty.ca.gov/health-and-human-services/health-services/divisions/behavioral-health/services/accessing-mental-health-services>

Statistics

Prenatal and Postpartum Depression

<https://gis-community-health.sonomacounty.ca.gov/pages/47ab66064a414b21a15c0a000c5f7afe>

Adult/Teen Mental Health

<https://gis-community-health.sonomacounty.ca.gov/pages/b35779b68748484fbc30ae9361f91fd4>

Mental Health-Related Deaths

<https://gis-community-health.sonomacounty.ca.gov/pages/3a480617d87845a796c6242f15913705>

COMMISSION ON THE STATUS OF WOMEN – WORK PLAN TEMPLATE

Name of the ad hoc: Reproductive Equity in Sonoma County

Description of the project/ ad hoc:

This adhoc derives from past work by CSW and independent research from other sources on access to reproductive health. Specific Goals will derive from the Bay Area Access to Reproductive health research project (Gender Policy Institute) being published this fall and advocacy and outreach strategies around their findings, a revised high school survey built on what we learned two years ago in Sonoma HS, and updated pharmacy survey based on the OPILL and mifepristone. (This might involve the CSW juniors and possibly Human Rights Commission juniors). We are requesting \$ 1,500 for this adhoc for 2024-2025.

Ad Hoc committee members: JM Brown, Nancy Padian +

TIMELINE/ DATE	OBJECTIVE/GOAL	ACTIONS	ASSIGNED TO	BUDGET
October 1	Obtain Gender Policy Institute access research study	Review Bay Area study research	JMB and NP +	
November 1	Integrate findings with current information about Sonoma County	Design outreach strategy	Same	
December 1	Outreach	Distribution of findings, comparison of research results, advocacy plan	Same	\$ 500 Social media + distribution
January 1, 2025	Obtain access to HS in county for coordination of focus groups in each HS	Train wellness counselors at each HS to conduct focus groups regarding access to contraceptives	Same	
February 1, 2025	HS focus group reports completed	Collect focus group reports and supplement as needed	Same	

March 1, 2025	Modified pharmacy survey	Revise pharmacy survey to target prescription and sales of OPILL and Mifepristone	Same	
A	Complete pharmacy survey	Conduct survey in selected pharmacies, virtual and in person where possible	Same	
M	Complete pharmacy survey	Compile findings	Same	
J	Present findings with recommendations	Compile results of research findings, HS focus groups, and pharmacy survey and Distribute	Same	\$500 Social media + distribution – pamphlets, stickers, etc.